# Braylea Investments Inc. Health & Safety Manual

3550 Langstaff Road, Suite 200, Woodbridge, ON, L4L 9G3

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# PRESIDENT'S MESSAGE

# **Purpose**

To provide a letter to the workers of Braylea Investment Inc. outlining the company's position on health, safety, injury prevention and environmental compliance to the staff, clients and public.

# **Application**

On behalf of this company, I would like to express a sincere commitment to the health and safety of all of our workers, subcontractors, suppliers, our clients and the public. Our management is committed to the prevention of occupational injury and illnesses and the maintenance of a safe and healthy work environment. This strategy includes providing the proper tools, equipment and training for all workers to ensure the success of our commitment.

Our supervisors and workers have the responsibility to report all unsafe and unhealthy conditions. This ensures that all levels of our company are committed to health and safety. Our commitment for protection extends to the worksite, the environment, public property and private information.

It is our intention to review and revise our policies and procedures to meet or exceed legislative requirements and define progressive safety performance initiatives.

PRESIDENT

Date

# **HEALTH & SAFETY POLICY STATEMENT**

It is the purpose of Braylea Investments Inc to establish and maintain a safe and healthy work environment, comply with all Occupational Health and Safety Acts & Regulations, maintain our equipment and property in a safe condition.

In fulfilling our objectives, Braylea Investments Inc will comply above and beyond the Occupational Health & Safety Act & Regulations with acceptable diligence practices. In addition, we will strive to eliminate any foreseeable hazards, which may potentially cause injury or harm to our workers and a commitment to preventing occupational illness and injury in the workplace.

Braylea Investments Inc management, in co-operation with workers, is responsible for the designs, implementation, and monitoring of our health and safety program. All supervisors and workers will receive training about their respective health and safety responsibilities, and will be individually accountable for fulfilling those responsibilities. Supervisors will ensure that safe and healthy work conditions are maintained in his/her assigned work area.

To be effective, safety must be a shared responsibility among all levels in the company – management and employees working at the workplace proactively. To achieve this objective, Braylea Investments Inc projects, its supervisors and all workers have the obligation and responsibility to work in compliance with our safety policy.

Braylea Investments Inc is committed to maintaining open lines of communication between management and its supervisors and/or workers. Every worker shall follow safe work practices and procedures established by the company's Health & Safety Manual and working in compliance with the Occupational Health & Safety Acts and Regulations. All workers must report all unsafe or unhealthy conditions to their supervisors or management as soon as they are observed.

All contractors and their workers will be made aware of Braylea Investments Inc.'s health and safety rules and shall work in compliance with these requirements as well as the Occupational Health and Safety Act.

Date

# **HEALTH & SAFETY RESPONSIBILITIES**

#### SCOPE/OBJECTIVES

The objective of this section is to affirm the general health, safety and environmental responsibilities of management, supervisors, employees, contractors and visitors.

### POLICIES/PROCEDURES

Braylea Investments Inc.'s management is committed to ensuring a safe working environment for all employees, contractors, suppliers and visitors. Braylea Investments Inc. is also dedicated to the prevention of environmental spills and pollution. The following responsibilities are an integral part of each person's job.

## **MANAGEMENT**

Management includes the President, Vice-Presidents, and Managers. Management is responsible for the following items:

# <u>Managers</u>

- A. Develop procedures that define each employee's work responsibilities; establish health, safety and environmental policies and procedures and ensure they are carried out in the workplace; and provide for the communication and control of hazards to ensure compliance with all relevant government standards and regulations.
- B. Ensure that all personnel (including management) are provided with the appropriate training in all matters concerning health, safety and environmental issues by way of safety talks and/or meetings.
- C. Provide personal protective equipment and resources to fulfill Braylea Investments Inc.'s health, safety and environmental responsibilities.
- D. Conduct all incidents which result or could result in serious injury or environmental damage are reported immediately. Ensure that all incidents are investigated and, as appropriate, followed by corrective action.
- E. Conduct the proper administrative systems are in place to promote, monitor, document, communicate and improve our health, safety and environmental programs.
- F. Conduct and participate in safety and environmental audits, inspections, meetings and follow-up.
- G. Ensure that all health, safety and environmental documentation are kept on file.
- H. Provide equipment, materials, and protective devices and ensure they are maintained in good condition and are used as indicated in order to fulfill Braylea Investments Inc. health, safety and environmental responsibilities.
- I. Perform workplace inspections
- J. Conduct information sessions (safety talks, staff meetings)
- K. Conduct incident investigations
- L. Conduct employee training
- M. Commending employee and supervisor health and safety performance.
- N. Correct any substandard acts and conditions
- O. Performing employee safety observations
- P. Responsible for Sections 25 & 26 of the OHSA

## **Supervisors**

- A. Supervisors will ensure:
  - Employees have received instruction in the proper techniques for tasks to be performed;
  - Have Site Emergency Procedures/Plan in place.
  - Workers are aware of inherent safety and health problems associated with each task;
  - Tasks are performed in accordance with Braylea Investments Inc.'s health, safety and environmental policies.
  - Take every reasonable precaution for the safety of workers.
  - Tasks shall comply with all federal, provincial and municipal government acts, regulations, standards and codes in respect to health, safety and the environment.
- B. Ensure that workers performing dangerous tasks are directly supervised by a competent worker until the workers can prove that they are competent to safely perform that specific task with minimal or no supervision.
- "competent", in relation to a worker, means adequately qualified, suitably trained and with sufficient experience, safety to perform work that is the subject-matter of the relevant provision of this regulation with a minimal degree of supervision. (as per OHSA)
- C. Conduct or appoint a person, to perform daily safety inspections to ensure that safe conditions exist and that safe practices are being followed.
- D. Ensure that all new employees have received their safety orientation prior to beginning any work assignment.
- E. Ensure that employees report all injuries and unsafe conditions or practices.
- F. Investigate and document all incidents, and ensure that a corrective / preventative action has taken place.
- G. Participate and conduct in safety meetings (e.g. orientation meeting, site meeting, Joint Health & Safety meetings, etc.), inspections and audits.
- H. Set an example for employees to follow.
- Ensure that all personnel are provided with the appropriate training in all matters concerning health, safety and environmental issues by way of safety talks and/or meetings.
- J. Correct any substandard acts and conditions.
- K. Praise Management, supervisors, workers and contractors on Health & Safety performance.
- L. Perform workplace inspections

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# INVESTMENTS INC.

- M. Conduct information sessions (safety talks, staff meetings)
- N. Conduct incident investigations
- O. Conduct employee training
- P. Commending employee and supervisor health and safety performance.
- Q. Correct any substandard acts and conditions
- R. Performing employee safety observations
- S. Responsible for Sections 27 of the OHSA

## **EMPLOYEES**

- A. All employees will become familiar and comply with all Braylea Investments Inc.'s rules, signs and work procedures including government regulations (OHSA).
- B. Report accidents, illnesses, incidents or hazardous conditions and behaviour immediately to the supervisor.
- C. Appropriately use personal protective equipment when required.
- D. Perform all tasks in a safe and environmentally friendly manner.
- E. Keep work areas neat, tidy and orderly.
- F. Attend and participate in company safety meetings. (E.g. orientation meeting, site meetings, Joint Health & Safety Committee meetings)
- G. Attend and participate in safety training courses and programs.
- H. Perform and document vehicle/equipment safety inspections.
- I. Accountability of worker's actions will be enforced by disc processes (see Disciplinary Action Procedures).
- J. Responsible for Sections 28 of the OHSA

# **CONTRACTORS**

- A. Comply with all Braylea Investments Inc.'s Health & Safety policies, including all applicable government (OHSA & regulations), standards and codes.
- B. Participate in all safety activities including safety meetings (E.g. JHSC), inspections, audits and accident investigations.
- C. Report all accidents/incidents to Braylea Investments Inc.'s representative.
- D. Ensure workers are qualified and competent for their tasks.

- E. Provide required personal protective equipment/safety devices.
- F. Ensure all supervisor & workers (if required) are competent worker(s) and have the necessary safety training (E.g. WHMIS, Fall Protection, Transportation of Dangerous Goods) for the work to be performed.
- H. Right to participate in education, right to know the hazardous situations and the right to refuse unsafe working conditions.
- I. Provide qualified workers for work and ensure health & safety and ensure all work performed in accordance with governing legislation/regulation/ industry standards.
- J. Contractors shall submit prior to starting work:
  - o Copy of Braylea Investment Inc.'s Health & Safety Policy and Program
  - Copy of WSIB reports
  - WSIB Clearance Certificate.
  - Charges under the OH&S Act and Regulations
  - Accident Reporting and Investigation Policy and Program
  - Health & Safety Training Records (e.g. IAPA, OSSA, IHSA Training, Training with any Unions, & etc.)
  - o Worker Training (e.g. WHMIS, Fall Protection, Lifting Devices certification, etc.)
  - Registration Form of Constructors and Employers Engaged in Construction (Ministry of Labour) from Contractors and all sub-contractors.
- K. Accountability of Contractors actions will be enforced by disciplinary Processes (see Disciplinary Action Procedures).

# **JOINT HEALTH & SAFETY COMMITTEE**

## SCOPE/OBJECTIVIES

The purpose of this procedure is to ensure the safety and efficient work practices are established at Braylea Investments Inc.'s job work sites as well as the well-being of all employees, customers and employers, the company has established a Health and Safety Committee, in according with the Occupational Health and Safety Act.

## POLICIES/PROCEDURES

As per the *Occupational Health & Safety Act*, an employer with more than 20 employees is required to have at least 2 certified representatives, one worker member and one managerial member. The worker member shall be selected by the workers that he / she are to represent. The employer shall select the other member from among persons who exercise managerial functions.

It is the function of the worker representative (JHSC) and allows power to,

- Identify situations that may be a source of danger or hazard to workers;
- Participate in investigation of critical injuries and accompany M.O.L. inspectors as per the Occupational Health & Safety Act
- Review accidents and/or incidents in the workplace.
- Perform monthly workplace inspection.
- Make recommendations to the employer and the workers for the improvement of the health and safety of workers and establish follow-up plan;
- Recommend to the employer and the workers the establishment, maintenance and monitoring of programs, measures and procedures respecting the health or safety of workers;
- Obtain information from the employer respecting,
  - (i) The identification of potential or existing hazards of materials, processes or equipment, and
  - (ii) Health and safety experience and work practices and standards in similar or other industries of which the employer has knowledge
- Obtain information from the employer concerning the conducting or taking of tests of any equipment, machine, device, article, thing, material or biological, chemical or physical agent in or about a workplace for the purpose of occupational health and safety; and
- Be consulted about, and have a designated member representing workers to be present at the beginning of, testing conducted in or about the workplace if the designated member believes his or her presence is required to ensure that valid testing procedures are used or to ensure that the test results are valid.

# **Committee Selection**

The committee selection procedure is the following:

A notice to employees shall be issued regarding selection of Joint Health & Safety Committee Members.

Instruction of the notice is as follows:

- 1. As a result of Health & Safety changes, we require your assistance in appointing # employee representatives.
  - i. Certified Member/Co-Chair
  - ii. Alternative/Replacement member
- 2. Please choose employees from the list.
- 3. Please sign and return this form by a specific date.
- 4. Your vote will be kept confidential. Thank you for your help.
- 5. Once all of the notices have been returned. The notices shall be reviewed and totaled to verify the worker representative(s).
- 6. The selected worker representative(s) shall then be notified.

Failure of selecting the JHSC members a re-vote (follow above instruction 1 through 6) shall be conducted.

Size & Duration of Project	Representative of Committee	Who Creates Committee	Number of Members	Membership Requirements
5 workers or less	N/A	N/A	N/A	N/A
6-19 Workers & more than 3 months or 6+ workers and less than 3 months	One H&S Representative	N/A	N/A	N/A
20-49 Workers & more than 3 months management	Joint Health and Safety Committee	Constructor	At least Two	At least one non-worker at project and one management rep from the workplace if possible.
50+ Workers and more than 3 months	Joint Health and Safety Committee	Constructor	At least Four	Half non-management workers from the workplace (with at least One certified in the future). Half management reps from the project if possible (with at least one certified in the future)
	Workers Trades Committees	Health and Safety Committee	At least One work rep. from each trade.	One worker from each trade.

# Meeting

Minutes of every meeting are to be recorded and posted in a conspicuous place. They must include:

- Date, time and place of meeting
- Attendees
- Minutes of last meeting
- Review of unfinished business
- Regular reports (e.g. workplace inspections, accident investigations)
- Responses made by employer to safety committee's recommendations
- New business

Topics to be discussed and reviewed will include, but not be limited to:

- Workplace inspection results
- Accidents and illness reports
- Ladder safety
- Material-handling practices and procedures
- Housekeeping
- Protective equipment
- First-aid and procedures
- Fire prevention measures

Frequency of JHSC meetings shall be conducted every 3 months or as required.

Minutes shall be kept in the Health & Safety file and posted on the site safety bulletin board.

Management and supervisors shall participate in JHSC member's inspection formally 4 times per year which is indicated on Inspection schedule. Management and supervisors shall participate in workplace inspection daily.

During workplace inspection, the JHSC members, supervisors, management and/or Health & Safety coordinator may contact a worker(s) and record observations or safety hazards on inspection sheet.

# ACCIDENT/INCIDENT REPORTING PROCEDURE

#### SCOPE/OBJECTIVES

Accident/incident reporting of all injuries and illnesses, cutting incidents, property and equipment damages and losses, shall be reported promptly and accurately to the site supervisor to ensure timely investigation and administration.

Reporting of near-misses where the potential exists to cause serious injuries or fatalities and/or damage to equipment, property or the environment will provide management with valuable information, which will permit management to initiate corrective actions before a worker is hurt or loss of production occurs.

### POLICIES/PROCEDURES

## **ACCIDENT/INCIDENT REPORTS**

The accidents/incidents that must be reported and investigated immediately include:

Critical Injury/Industrial Fatalities
Lost Time Accidents
Fires and Explosions
Property and Equipment Damage
Near-Misses (that have the potential to be a serious incident)
Contractor Accidents
Chemical Spills/Environmental Releases
Occupational Illness

All minor accidents will be documented using the First Aid Log Form. All accidents/incidents above (2.1) will be investigated using an "Accident/Incident Investigation Form", and WSIB Form 7 when worker obtains health care, requires modified duties at less than regular pay, requires modified duties at regular pay for more than seven calendar days after the date of accident and earns less than regular pay at regular work, which shall be completed with-in 3 calendar days.

- 1. For the purpose of the Act and the Regulations, "Critically Injured" means an injury of a serious nature that,
  - (a) places life in jeopardy;
  - (b) produces unconsciousness;
  - (c) results in substantial loss of blood;
  - (d) involves the fracture of a leg or arm but not a finger or toe;
  - (e) involves the amputation of a leg, arm, hand or foot but not a finger or a toe;
  - (f) consists of burns to a major portion of the body; or
  - (g) causes the loss of sight in an eye.

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# REPORTING HAZARDS

#### **PURPOSE**

To provide Braylea Investments Inc.'s employees, appropriate procedures on reporting hazards in the workplace.

### SCOPE

This procedure applies to all Braylea Investments Inc.'s employees, visitors, suppliers and contractors and their employees working on site.

#### **DEFINITIONS**

The following are hazardous situations that should be reported using the Hazardous Reporting Procedure:

- Defective tools, equipment or materials
- Fire and explosion hazards
- Environmental conditions (e.g., gases, dusts, smoke, fumes, vapors, etc.)
- High or low temperature exposures
- Inadequate guards or barriers
- Inadequate or excess illumination
- Inadequate or improper protective equipment
- Inadequate ventilation or warning systems
- Noise exposures
- Poor housekeeping
- Overhead Electrical/Power Sources or Power Failures
- Spills & Leaks (e.g. Chemical, waste, etc.)
- Worker medical experience/problem (e.g. epilepsy attack, etc.)
- Unsafe Acts or Unsafe Conditions

## **PROCEDURE**

The following are steps that shall be completed when an employee is confronted with a Hazardous Situation:

- Hazard is identified (including one of the hazards listed above as well as others) and is rated as being a Major, Moderate or Minor Hazard.
- For **Major Hazards**:
  - 1. Immediately communicate the hazard to workers in the immediate area.
  - 2. Secure, then leave the area to prevent injury to employees and damage to property.
  - 3. Report hazard to supervisor immediately.
  - 4. Supervisor shall investigate and isolate hazard within 1 hour of notification.
  - 5. Supervisor shall record hazard on a <u>Hazard Report Form</u> and will communicate hazard issue to a designated worker health and safety representative within 1 hour of notification. This representative (or substitute representative) will inform the JHSC of the hazardous situation at the next JHSC meeting.

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- 6. The Supervisor, in collaboration with the JHSC, will initiate actions to remediate Major hazardous situations as early as practicable as and no later than 1 week from the day of discovering the problem.
- 7. It will be the responsibility of the JHSC to monitor the remediation process, to follow up and ensure its success within the given time.
- 8. If Hazardous situation causes property damage (greater than \$500.00) or fire/explosion or chemical spill then an investigation shall be conducted with a Joint Health & Safety Committee member. (See Accident and/or Incident Investigation.)

# • For Moderate Hazards:

- 1. Immediately communicate the hazard to workers in the immediate area.
- 2. Report hazard to supervisor within 1 hour.
- 3. Supervisor shall investigate hazard within 24 hours of notification.
- 4. Supervisor shall record hazard on a <u>Hazard Report Form</u> and will communicate hazard issue to a designated worker health and safety representative within 24 hours of notification. This representative (or substitute representative) will inform the JHSC of the hazardous situation at the next JHSC meeting.
- 5. The Supervisor, in collaboration with the JHSC, will initiate actions to remediate Moderate hazardous situations as early as practicable as and no later than 2 weeks from the day of discovering the problem.
- 6. It will be the responsibility of the JHSC to monitor the remediation process, to follow up and ensure its success within the given time.
- 7. If Hazardous situation causes property damage (greater than \$500.00) or fire/explosion or chemical spill then an investigation shall be conducted with a Joint Health & Safety Committee member. (See Accident and/or Incident Investigation.)

# • For **Minor Hazards**:

- 1. Immediately communicate the hazard to workers in the immediate area.
- 2. Report hazard to supervisor within 24 hours.
- 3. Supervisor shall investigate hazard within 48 hours of notification.
- 4. Supervisor shall record hazard on a <u>Hazard Report Form</u> and will communicate hazard issue to a designated worker health and safety representative within 48 hours of notification. This representative (or substitute representative) will inform the JHSC of the hazardous situation at the next JHSC meeting.
- 5. The Supervisor, in collaboration with the JHSC, will initiate actions to remediate Major hazardous situations as early as practicable as and no later than 4 weeks from the day of discovering the problem.
- 6. It will be the responsibility of the JHSC to monitor the remediation process, to follow up and ensure its success within the given time.
- 7. If Hazardous situation causes property damage (greater than \$500.00) or fire/explosion or chemical spill then an investigation shall be conducted with a Joint Health & Safety Committee member. (See Accident and/or Incident Investigation.)

# **EMERGENCY PLAN**

# **INTRODUCTION**

Hopefully, Braylea Investments Inc. will not experience any life-threatening emergencies: however, we must plan for the possibility of such occurrences. Without the presence of a well-defined emergency plan, with explicit chains of responsibility, an emergency can cause confusion and fear, property and product damage, and at work, injury or death.

The following plan has been established for Braylea Investments Inc. in order to decrease the inevitable confusion that occurs in an emergency situation, it is very important that **ALL PERSONS** understand and accept their responsibilities.

## Emergency – What is it?

An emergency is any sudden event that requires immediate attention and which cannot be handled by the normal day to day operating procedures followed in our building or on the job site. Perhaps the biggest sources of danger are **explosion**, and **fire**. However, it should be kept in mind that other situations, such as, **power failure**, **and medical emergencies** etc. may also qualify as an emergency.

# Objectives of an Emergency Response

The objective of an organized emergency plan is to minimize potential consequences of an emergency by:

- > reducing employees' confusion and fear
- preventing fatalities and injuries
- reducing damage to buildings, equipment, and product: therefore
- accelerating the employee's return to normal operations

## **PROCEDURES**

- Evacuate area and tell co-workers
- 2. Upon discovery of smoke or fire, immediately call the fire department 911
- 3. Co-workers will inform workers, co-workers and home owners that evacuation procedure have been started and to evacuate the surrounding area via telephone
- 4. Start the evacuation of workers and employees in a safe manner
- 5. De-energize all equipment and machinery
- 6. Co-worker shall ensure all areas are evacuated
- 7. Once all employees have evacuated the area, all employees will report to the assembly point.
- 8. First Aider shall perform first aid if necessary, to whom it concerns.

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- 9. All employees shall wait for the arrival of emergency services.
- Upon arrival of the fire department, supervisor shall advise the officer in charge of the location of fire, and all employees shall not imply the emergency services in the duties.
- 11. After the emergency condition is over, and the fire department declares it is safe to work at the workplace, resent the fire alarm system

# Fire / Explosion / Gas Leak

# **Supervisor**

- Initiate evacuation of your area through the nearest or alternate emergency exit, close door behind you.
- Notify the supervisor and workers.
- Obtain list of all workers and report to check point.
- Take roll call
- Identify to site supervisor members "All PRESENT" or names and number of workers missing. If the fire was in your area, provide any other information.
- Await further instruction from the site supervisor or emergency services.
- Call 9-1-1 (or appropriate number for fire) and report fire/Gas Leak/Explosion.
   Information Give
  - Your name, the company name & address.
  - o major intersections, and entrance to the site and
  - advise that persons will be available outside for direction.
- Remain on the phone until 9-1-1 operator terminates the call, remain near phone.

Supervisor shall meet emergency services and provide status of situation.

## **Power Failure**

# <u>Supervisor</u>

- Supervisors should obtain flashlights, gather workers and accompany to assembly point (if natural light is not adequate)
- Supervisor should initiate investigation to determine extent and cause of power failure
- Supervisor to update and advise workers of power failure and procedures for powering up (E.g. Turning disconnects for major equipment and disconnects off, etc.)
- Stay away from downed power lines and keep others away until emergency services rectify the problems.

# Medical Emergency

## First Aider

- Stop and take a deep breath
- Assess the scene to determine hazards
- Assess the victim, don barrier devices (gloves, mask)
- Administer first aid
- Take control of the scene, send worker to notify supervisor
- Direct workers to direct ambulance (E.g. if ambulance is necessary, assist to cool area for rest or arrange transport to hospital or clinic

# **Supervisor**

- Call 9-1-1 (or appropriate number for ambulance) and report injury.
- Give name, the company name, address, major intersections, and entrance to the site and advise that persons will be available outside for direction. Remain on the phone until 9-1-1 operator terminates the call, remain near phone.
- Respond to scene and assess hazards
- Supervisor shall meet emergency services and provide status of situation.

# **Chemical Spill Response**

When a leak or spill of chemicals is detected:

- Immediately notify the supervisor.
- Put on the appropriate protective equipment to prevent personal contamination before entering the area. [i.e. gloves, goggles, face shields, apron, rubber boots]
- Stop the sources of the spill if possible [i.e. closing leaking valve].
- ➤ Seal off the area. Only authorized personnel, those who know and understand chemical handling procedures are allowed in the area
- Initiate clean-up of spilled chemicals using absorbent material
- Call in a Spill Response Contractor to assist in clean-up.
- As soon as practicable notify the Metro Toronto Works and the local Ministry of the Environment Office of the spill. If the spill poses a fire hazard call the fire department. Ministry of Environment: Spills Action Centre 416- 965- 9619

# **EMERGENCY TELEPHONE NUMBERS**

IMMEDIATE RESPONSE 911

(Ambulance, Fire, Police)

# <u>Local</u>

 Ambulance (Non-Emergency)
 416 392-2000

 Fire (Non-Emergency)
 905-640-9595

 Police (Non-Emergency)
 1-866-876-5423

# **Utilities Department**

 Gas
 1 866-763-5427

 Hydro
 1-800-434-1235

 Water
 905-895-1200

 Water (after hours)
 1-800-434-1235

 Spills Action Centre
 1 800-268-6060

 Ontario One Call (Utility Locate)
 1 800-400-2255

# Senior Management

Office Number 905-591-8600

# **Government Contacts**

Ministry of Labour 416 326-1234 Ministry of Environment 416 325-4000

# **Head Office Address:**

3550 Langstaff Rd, Suite 200, Woodbridge, ON, L4L 9G3

# PERSONAL PROTECTIVE EQUIPMENT

#### **PURPOSE**

To provide appropriate Personal Protective Equipment to qualified employees at Braylea Investments Inc.

#### SCOPE

This procedure applies to all Braylea Investments Inc. employees required to perform work using Personal Protective Equipment.

## **DEFINITIONS**

<u>Foot Protection</u> – CSA certified Grade 1 boots (Green Patch) must be worn at all times by workers. Note: Work boots should be fully laced and tied. Workers must purchase their own foot protection and replace any deteriorated work-boots.

<u>Head Protection</u> - Approved Head Protection (Head Hats) must be worn at all times by workers on construction sites. Workers must purchase their own head protection and replace it if damaged.

<u>Eye & Face Protection</u> - CSA approved glasses with side shields may be worn where the hazard of eye injuries may exist, for example spraying, scraping, etc.

Face shields in combination with safety glasses must be used where there is a possibility of injury to eyes or face.

<u>Dust Masks</u> – Approved NIOSH (N 95 or N 99) Dust Masks must be worn where the hazard of dust may exist, for example cutting materials, mixing materials, drywall dust, cleaning up debris, etc.

<u>Hearing Protection</u> - Approved Hearing Protection (Ear muffs or ear plugs) must be worn where the hazard of hearing loss over time may exist.

<u>Hand Protection</u> - Gloves shall be worn on workers where a hazard to hands may occur, for example using chemicals, mixing chemicals, etc.

<u>Body Protection</u> - Proper protective clothing must be worn at all times, for example long shelved shirts, full length slacks, sun block. Worker shall provide the appropriate body protection.

<u>Fall Protection Equipment</u> - approved harness, lanyard, rope, rope grab, and anchors must be worn by any worker exposed to a fall at or greater than 8 Ft high. All Fall Protection Equipment shall be provided by the worker.

# BRAYLEA

# **INVESTMENTS INC.**

# **MATERIAL HANDLING**

## **PURPOSE**

The purpose of this procedure is to review the basic principles of material handling in the workplace.

## SCOPE

The procedure applies to all managers, supervisors, and employees in our employ or under contract with our firm.

## **PROCEDURE**

Lifting and Carrying-

Most lifting accidents are due to improper lifting methods, as well as trying to lift more than an acceptable weight for one worker.

All manual lifting should be planned and safe-lifting practices followed:

- 1. Employees should know their physical limitations and the approximate weight of materials they are trying to lift.
- 2. Obtain assistance in lifting heavy objects whenever that task may be more than can be safely handled.
- 3. Before any manual lifting is done, the use of power equipment or mechanical lifting devices such as dollies, trucks or similar devices should be considered and used where and when it is practical.
- 4. Bulky loads shall be carried in such a way as to permit an obstructed view of the intended path ahead.
- 5. Ensure a good grip before lifting.
- 6. Lifting gradually. Lift slowly, smoothly, and without jerking.
- 7. The back should be kept close to vertical or straight and the lifting done with the leg muscles, which are large and strong.
- 8. Avoid bending. Do not place object(s) on the floor if they must be picked up later.
- 9. Avoid twisting your feet, or your hips or shoulders. Leave enough room to shift your feet so as not to twist.
- 10. Avoid reaching out. Handle heavy objects close to the body. Avoid a long reach out to pick up any object.

- 11. Do not be tempted at the last moment to swing the load onto the deck or shelf by bending or twisting your back.
- 12. When two or more persons are carrying an object, each employee, if possible, should face the direction in which the object is being carried.
- 13. Keep in good physical shape. Get proper exercise, maintain a good diet and make sure you are well rested.
- 14. Avoid lifting more than 22.5 kg (50lbs) alone whenever possible.
- 15. Employees who perform lifting activities shall be trained formally on lifting mechanical devices or lifting manually.16.

# **MATERIAL STORAGE**

# Policy:

To ensure both the appropriate flow of material and the safe storage of materials on site, Subcontractors and suppliers must coordinate the shipment, handling and storage of materials. This policy is meant to address the areas of;

- Compressed gas cylinders (e.g. propane)
- Welding
- Flammable/combustible materials
- General material storage
- Hazardous materials
- Fire protections

This procedure is also to achieve awareness and compliance with Occupational Health and Safety Act, and Regulations for Construction Projects, WHMIS Regulations, the Fire Code and Energy Act as minimum standards. This policy is not all inclusive of the legislative requirements and should be used as a guide only. The Subcontractor must be aware of and work in compliance with all legislation that governs their work.

## **Compressed Gas Cylinders:**

Handle compressed gases with extreme caution. Compressed gas cylinders may only be transported or hoisted on site where a suitable crib, secured from movement, is used.

Only trained competent authorized workers are to handle compressed gas cylinders.

Use/ store and transport all compressed gas cylinders adequately secured in an upright position. Storage cages or racks must be made available in a safe location away from work areas and other areas where damage may occur (e.g. roadways).

After using a compressed gas cylinder, ensure the valve has been closed. Cylinder valves must also be covered with their appropriate screw on caps, as required.

Upon discovery of a compressed gas leak from a cylinder, hose, valve or other connection, discontinue use, remove from work area (if safe) and report immediately. Under no circumstances, is a leaking compressed gas cylinder to be used! Cylinders should be tested with soapy water.

Empty containers of compressed gases should be stored separately from full or partial containers. Flammable materials should be stored separately from oxygen. Only one day's supply or less of compressed gas is to be stored indoors, at any time.

Store cylinders in cages/compounds identified with the company name when not in use.

Welding/ cutting torches, hoses, regulators and flashback arrestors must be inspected prior to each use and used by trained personnel only.

## **Propane**

The use of propane is common in construction. When working with any equipment that is fueled by propane, the following safety precautions must be observed:

Keep sources of ignition a minimum of 3 metres (10 feet) from a propane cylinder.

An approved and charged fire extinguisher must be readily available.

Only trained competent, authorized personal with a record of training (ROT) may handle/ connect compressed gas cylinders.

Always handle compressed gas cylinders and their contents with extreme caution.

After using a compressed gas cylinder, ensure the valve has been closed.

Unless designed for horizontal use, store all propane cylinders in an upright position, adequately secured in an approved, identified storage crib.

Empty propane cylinders should be stored separately from full or partially full containers.

Upon discovery of a propane leak from a cylinder, hose, valve or other connection, close valve if possible and safe to do so, warn others, leave the area and notify your supervisor immediately.

# Welding/Cutting/Soldering or other operations creating sparks

Where cutting, welding or other spark producing work is performed above or in an area where workers or the general public have access and/or combustible materials are stored or used, the Subcontractor shall take the necessary precautions to prevent the outbreak of fire.

The Subcontractor shall utilize a fire-watch and/or provide fireproof tarpaulins where it is necessary to cover equipment or combustible materials.

Performing operations that generate sparks or open flames in the vicinity of flammable liquids is not permitted.

# Flammable/ Combustible Materials

Flammable liquids must be stored in approved containers with flash arresting caps in place. Containers must be grounded and bonded during decanting.

Flammable or combustible materials must not be stored or situated in areas where welding, cutting or open flames are produced.

Flammable materials must be stored outside in isolated or fenced areas outside of units (see the Site Supervisor for appropriate storage areas). Such areas shall be appropriately marked with "NO SMOKING and/or Sources of Ignition allowed in this area".

All flammable or combustible materials must be clearly labelled as to their contents, hazards (i.e. WHMIS Regulations).

Draining of gasoline, fuel oil, motor oil or other flammable liquids onto the ground or into an open sewer is strictly prohibited.

# **Hazardous Materials**

Hazardous materials must be stored in areas designated by the Site Supervisor. The Subcontractor must notify the Site Supervisor of special storage requirements for particularly hazardous or designated substances.

All hazardous materials brought on site must have appropriate labelling and current Material Safety Data Sheets (not more than 3 years old). MSDS must be provided to the Site Supervisor and be available on site.

All workers must have received WHMIS training and such training shall be current. This should include specific training to ensure they are fully aware of use, storage, emergency and disposal requirements for the hazardous materials they may use. Proof of training must be available on the worker.

Improper use handling, storage and disposal of hazardous materials may create imminent hazards, which could result in a serious accident. To ensure proper storage of hazardous materials, refer to Material Safety Data Sheets.

Spills or discharges of any hazardous material must be safely contained and reported to the Site Supervisor immediately.

# **General Material Storage**

Large shipments must be pre-arranged with the Site Supervisor. All materials are to be stored in an organized manner in the designated storage areas outside the building.

Materials must be stored in such a manner that they will not tip, collapse, and fall or protrude from a load in a dangerous manner. Care must be taken while unloading/packing trucks and crates.

Doorways, aisles, roadways and work areas are to remain unobstructed, by materials and other objects.

Materials must not be stored within 6 feet (1.8 m) from the edge of a roof, floor, excavation or other openings.

Materials must be adequately secured in place to prevent movement in strong winds or other inclement weather conditions.

Approval must be obtained from the Site Supervisor for receiving of materials from the roadway. Appropriate signalling, traffic control and electrical conductor precautions must be taken.

# **Fire Protection**

Where sparks or open flames may be present, fire extinguishers must be readily accessible in an adequately marked location and properly maintained, regularly inspected and promptly refilled after use.

Employers must ensure that their workers who may be required to use fire extinguishers in emergency situations are trained.

Portable extinguishers are classified according to their capacity for handling specific types of fires. Underwriters Laboratories of Canada <u>4A40BC</u> rating are the minimum.

**Class "A" Extinguishers -** For fires of ordinary combustion materials such as wood, paper textiles where a quenching, cooling effect is required.

**Class "B" Extinguishers -** For flammable liquid and gas lines, such as oil, gasoline, paint and grease where oxygen exclusion or flame-interruption is essential.

**Class "C' Extinguishers -** For fires involving electrical wiring and equipment where the non-conductivity of the extinguishing agent is crucial.

These components or others, submitted as part of a fall prevention plan must be used in accordance with the OHS Act and Regulations for Construction Projects as a minimum.

All components of a fall prevention system must be inspected & logged by a competent person prior to its first use on site and by the worker daily thereafter. Mechanical components should be inspected and labelled by the manufacturer according to the manufacturer and CSA standards.

# FIRST AID PROCEDURES

## **PURPOSE**

To provide appropriate Emergency Medical Aid to ill or injured Braylea Investments Inc. employees.

## SCOPE

This procedure applies to all Braylea Investments Inc. employees, and contractors.

# **DEFINITIONS**

**CPR** Cardio-pulmonary resuscitation

First Aid Treatment Treatment for illnesses or injuries that can be

administered without the expertise of a medical professional such as a paramedic nurses or doctor.

## **PROCEDURE**

- Braylea Investments Inc.is subject to the Workplace Safety and Insurance Act First Aid Requirements Regulation 1101. The specific requirements of this legislation are incorporated into this procedure.
- Emergency phone numbers for medical emergencies are identified on EMERGENCY SERVICE NUMBERS document. This list is posted on First Aid Kit's or throughout Braylea Investments Inc.'s facility & vehicles. This list is reviewed and updated by management on an annual basis or whenever the need for a change is identified.
- 3. There are at least two persons trained as first aid/CPR responders.
- 4. The first aid box located at each vehicle, which is the primary treatment area for medical emergencies, injuries, and illnesses.
- 5. A record of all first aid treatment provided is kept in the First Aid Logbook located at all first aid kits. The first aid/CPR responder is responsible for recording the treatment in the logbook. The information to be recorded must include date, name of person being treated, name of treating person(s) and treatment provided.
- 6. All medical emergencies are to be reported immediately to the supervisor or foreman responsible for the individual.

- 7. The Supervisor or Foreman or First Aid individuals shall perform medical aid to the injured employee. Medical Aid shall consist of assessing, cleaning, covering and/or preparing injured employees wound for internal or external purposes.
- 8. The supervisor is responsible for determining if external emergency medical aid is required and contacting the appropriate external responders. If external medical aid is required, a supervisor (preferred method) or ambulance (alternative method) or taxi will be called ASAP, to transport the injured employee to the Hospital, Doctor's Office or Workers Home.
  - If employee refuses provided transportation, 911 shall be called. All worker(s) whom accompany injured worker to Hospital, shall support and calm the injured worker in any way, shape or form. Also, the worker shall hold any important documents and/or information pertaining to the injured worker.
- 9. For external emergencies, the injured employee shall receive a Functional Abilities Form (FAF) for Hospital Administration purposes.
- 10. Employee will be instructed to contact supervisor as soon as the employee is discharge from the Hospital.
- 11. Internally, a Form 7 shall be completed for the injured employee within 7 working days.

# **RETURN TO WORK PROCEDURE**

## **SCOPE/ OBJECTIVE**

Braylea Investments Inc.is committed to the recovery of employees who have been injured at the workplace and realizes the benefits of a formal early and safe return to work program. Wherever possible Braylea Investments Inc. will accommodate temporarily disabled employees by providing appropriate employment within the worker's functional abilities as soon as possible following the injury. The goal will be to provide modified work that meets the needs of the employee and the organization.

# **Definitions of Modified Work**

Modified Work is any job task, function or combination thereof that a worker who has temporary physical restrictions may perform safely without the risk of re-injury to self or others. The work must be productive and the result of the work must have value to the worker and the employer.

# Early and Safe Return to Work Program

An early and safe return to work program is a process which gives structure and organization to the activity of returning injured workers to the workplace as soon as possible after the injury. The plan recognizes the employer's responsibility in the effective recovery of injured workers.

# Modified Work / Re-Employment Plan

The early and safe return to work plan is a program that is developed individually and will be used to facilitate a worker's gradual transition back to his/her pre-injury job. The plan will allow an injured worker the opportunity to improve their physical capabilities and the possibility of acquiring additional job skills by performing actual work tasks, as well as restoring the worker's. Modified work is intended to be transitional in nature, designed primarily for the purpose of facilitating early return to work through gradual reintroduction of duties and/or hours. The goal of the Modified Work Program is to return the injured worker to the pre-injury job. Injuries exceeding an 8-week period will be reviewed individually and in most cases, will require an adjudicator to be contacted for further consultation.

# **Roles and Responsibilities**

The program coordinator will run Braylea Investments Inc.'s modified work program and is responsible for both its overall management and day to day operation.

It is vital that the coordinator communicates with the injured worker as soon as possible after the accident early and regular contact maintains morale and relieves anxieties about future uncertainties.

# Responsibilities of the Program Coordinator

- Meet with the injured worker to develop specific goals and objectives compatible with the functional abilities information provided by the attending physician.
- Meet with the employee's supervisor and if necessary a WSIB Ergonomist to review the physical demands analysis of the pre-injury job and develop a modified work plan. This could involve part-time shifts with a plan for a gradual increase in hours, or increasing the injured workers break frequency, etc.
- Review the modified work plan with the Joint Health and Safety Committee and discuss any concerns they might have with the injured worker and his/her supervisor before Modified Work begins.
- Meet with the employee on the first day back to work and review goals and determine a schedule for progress meetings. Progress meeting intervals will be dependent on the severity of the injury and the physical restrictions placed on the employee and will involve the employees' supervisor.
- Maintain communication with the WSIB claims adjudicator, WSIB Ergonomist, Physician etc.

## Procedures

- Complete the WSIB Form 7, submit to WSIB within specified time frame (3days).
- Review the medical reports and the functional abilities form provided by the attending physician with the worker and the employee's supervisor.
- If return to work is appropriate and modified work is available establish time frame and plan.
- If approved by JHSC and the attending Physician, activate the plan immediately and inform WSIB that there will be no lost time. Braylea Investments Inc. will ensure that there will be no earnings lost.
- o If worker disagrees advise the WSIB immediately and request a decision.
- o If worker's return to work is delayed because of severe physical restrictions, then contact the WSIB adjudicator to request additional information about the employee's ability to perform modified work. The WSIB Form 7 will indicate that there will be lost time for the duration indicated on the medical forms and the WSIB will pay for the worker's lost time.

# Worker's Responsibilities

- o Cooperate in the early and safe return to work program as per legislature.
- Obtain medical approval from treating physician for early and safe return to work plan.
- Maintain constant contact with Program Coordinator when immediate return to work is not feasible. (minimum contact is weekly)
- Ensure that scheduled activities such as physical therapy is continued in conjunction with the early and safe return o work plan.
- Communicate all concerns to program coordinator so that potential problems are openly addressed and resolved.

# Supervisor's Responsibilities

Arrange for injured workers to receive immediate medical attention when necessary. Ensure that all the necessary forms are completed and given to the attending Physician Arrange for the injured workers' transportation back to workplace.

Review medical forms with the injured worker and Program Coordinator.

Assist with physical demands analysis and the development of the modified work plan.

Provide ongoing support and encouragement to workers on the program.

Participate in progress meetings with the injured worker and the program coordinator.

## Role of the Physician

It is essential to obtain information form the attending physician regarding the employee's physical condition prior to developing return to modified work plan.

- The physician must complete the functional abilities form promptly and expect the patient to return the form to his/her workplace immediately.
- The Physician must respond on a timely basis to any ongoing requests for functional abilities until successful return to work is achieved.
- The Physician must provide an expected date of complete recovery or probable date of recovery.
- The Physician must provide the employer with information relating to the injured workers' recovery progress during the course of the early and safe return to work program until such time as the injured worker returns to the pre-injury job.

## Job Suitability

It is essential to obtain the injured worker's medical restrictions prior to arranging appropriate modified work. The Functional abilities form should be reviewed along with the physical demands analysis to determine suitable modified work. In most cases the worker's regular job will be modified by reducing tasks, hours or combination of both.

# **Designing Individual Program**

A temporary modified work plan involves setting a series of progressive goals within specific time frames. Goals are established by using the employee's medical precautions, physical capabilities, and job demands. The goal may involve gradually increasing the employee's hours of work, days of work, or job tasks over the duration of the plan. This will allow a disabled employee the ability to readjust to the work, without jeopardizing their own health and/or the health and safety of their co-workers. The tasks or duties used to accomplish the goals are then set out and agreed upon.

Several phases may be required for the purpose of the employment plan. Each phase of the plan should be progressive with clear measurable goals. The final expectation is that the employee returns to his/her pre-injury job. The coordinator, worker, supervisor and the JHSC must agree to all aspects of the plan and ensure that the modified work is compatible with medical information provided by the physician.

The duration of the plan will be dependent on the worker's physical restrictions and physical capabilities. Any injury exceeding an 8-week recovery period will be considered on an individual basis and will require consultation with the WSIB adjudicator.

Once the work plan begins, the coordinator, supervisor and the employee should set up progress meetings where concerns can be addressed and progress monitored. The coordinator will maintain a record of discussion and progress reports.

# **Return to Work Form**

Time:	Date:		
Injured Worker:			
Present at Meeting:			
Discussed workers'	physical restrictions and possible work duties to be assigned to the worker during the recuperation period.		
Manager:			
Specific Restrictions:			
Tools:			
10013.			
Job Duties:			
Rest Breaks:			
Medical Treatment:			
modical froatment.			
Miscellaneous Data:			

# **DISCIPLINARY ACTION POLICY**

Disciplinary action will be based on the degree of hazard. For the most part, a threestep policy will be in effect. However, if the situation is of a serious nature such as one where serious injury may have been or would have been caused, the violator will be automatically removed from the workplace.

The general procedure will be as follows:

Employees must follow company and legislative standards in order to maintain a safe and healthy work environment. Disciplinary actions may be necessary to deal with non-compliance.

The discipline policy of **Braylea Investments Inc.** follows:

# First Offence: Verbal Warning

- The worker will be given a verbal warning.
- The worker is to be advised that the next infraction will result in a written warning.
- The warning is to be documented and kept in the employee's personnel file.

# **Second Offence: Written Warning**

- The worker will be given a written warning.
- The written warning will include notification that the next infraction will result in
- A 3-day suspension from work without pay.
- A copy of the written warning is to be documented and kept in the employee's
- personnel file.

# **Third Offence: Suspension**

- The worker will be dismissed for the remainder of the day and an additional 2day suspension without pay.
- The suspension will be confirmed in writing.
- The suspension confirmation will include notification that the next infraction will
- result in immediate and permanent dismissal.
- A copy of the suspension confirmation is to be documented and kept in the employee's personnel file.

# Fourth Offence: Dismissal

- The worker will be dismissed immediately.
- The dismissal will be confirmed in writing.
- A copy of the dismissal will be kept in the employee's personnel file.

See Disciplinary Action Form Appendix A

#### A Guide to Good Conduct:

While on the work site, employees are expected to conduct themselves in a manner that promotes the safety and welfare of all employees. Management expects suitable, orderly work habits and the protection of employees and company property. Employees not working in this manner will be subject to disciplinary action.

## **Acts of Misconduct:**

The following acts are considered serious infractions and will result in disciplinary action that may include immediate dismissal and well as legal or police action:

- Being in the possession of or under the influence of alcohol or illegal drugs while at work
- Possessing or using any gun or firearm, illegal knife or other illegal weapon on Braylea Investment Inc.'s property
- Failure to wear personal protective equipment in a designated area or as required for a specific task
- Creating unsafe or unsanitary conditions
- Disregard for the safety of oneself or another
- Failure to report an injury or incident or a hazard
- Showing disrespect for a supervisor, co-worker or customer
- Refusing or failing to follow the instructions of a supervisor
- Smoking in a prohibited area
- Fighting, theft, horseplay, boisterous conduct, sleeping or unauthorized absence from the workplace
- Damaging or defacing Braylea Investment Inc.'s property
- Tardiness or absence from work without calling in prior to the start of the work day.

# **GENERAL REQUIREMENTS**

# Policy:

The safe physical condition of our project and its surroundings is of prime importance. All workers, subcontractors, suppliers and any other visitors to our project must cooperate and make all reasonable efforts to ensure that:

- Guardrails/handrails
- Floor openings
- Access/egress
- Ladders/ramps
- Scaffold
- Excavations, trenches and caissons
- General cleanliness/housekeeping
- Treatment of ice and snow

Standards meet and/or exceed the minimum requirements specified in the Occupational Health and Safety Act, pertinent regulations and the following site requirements.

# **Guardrails**

Where there is a possibility of a worker falling from one working or walking surface to another, a barrier must be provided (i.e. caution tape, temporary fence, etc.).

Guardrails must be provided around the perimeter of all working and walking surfaces, platforms and roofs where a worker may fall 8 feet (2.4m) or more and must consist of a top rail, intermediate rail and toe-board or be otherwise approved by the Ministry of Labour to meet the criteria for guardrails per the Regulations for Construction Projects. (i.e. safety fence, wire rope, est.).

Guardrails removed temporarily for the purpose of doing work must be replaced in a proper manner immediately after work is completed. Where removed, a travel restraint, fall restrict or fall arrest system must be used, "DANGER" signs posted to prevent access. Guardrails must be replaced prior to leaving the area.

# **Handrails**

Securely fastened handrails must be installed on the open sides of all stairs and guardrails must be installed on any open side of stair landings.

Handrails must be constructed of the same materials (2x4's) required for guardrails and secured in place.

Always ensure that handrails are free of protruding objects such as nails and that wood does not pose sliver hazards. Furthermore, wood handrails should not protrude into the aisle.

# **Floor Coverings**

Where it is not possible to provide guardrails around floor openings, they must be covered with securely fastened coverings capable of supporting all loads to which they may be subjected and marked "DANGER, FLOOR OPENING, DO NOT REMOVE". All floor openings 3 inches or greater in diameter must be protected immediately, each contractors' responsibility.

# **Access/Egress**

Overhead protection or appropriate barricades and pedestrian traffic control measures must be provided where work is being carried out above a means of access/egress or work area.

Access to and egress from work areas that are above or below ground must be appropriate for work being done and maintained in a safe condition. (i.e. ladders, scaffold stairs, ramps and runways, etc.). Temporary stairs must be used where regular access/egress is required from one level to another and/or tools and materials are being handled manually.

No means of access or egress to units or to the site in general shall be blocked or restricted without prior notification to the Site Supervisor (due to emergency access/egress). If the Site Supervisor has granted permission, the subcontractor may only block access/egress routes under strict supervision by the subcontractor's supervisor.

Access to roof areas is restricted to authorized workers only. The subcontractor supervisor must evaluate hazards (snow, wind, guardrails, etc.) prior to work.

## Ladders/Ramps

In High-rise, ladders will only be used in suite and in confined spaces for access and egress purposes.

Ladders should be set up on a firm level surface. If the base is to rest on soft uncompacted or rough soil, a mudsill must be used.

Ensure ladders are of proper length (extended 3 feet (90 cm) beyond the landing). Landing areas at both ends of the ladder must be clear of debris and materials.

Always visually inspect ladders prior to using them. Ladders with weakened, broken, bent or missing steps; broken or bent side rails; broken, damaged or missing non-slip bases, or otherwise defective must not be used and are to be removed from the site immediately.

All access ladders must be tied off or otherwise secured to prevent movement. Depending on length, straight ladders should be set up on an angle such that the horizontal distance between the top support and the base is not less than one-quarter or greater than one-third the vertical distance between these points.

Always maintain three-points contact when climbing a ladder (e.g. two feet and one hand or one foot and two hands). When a task must be performed while standing on an

extension ladder, the length of the ladder should be such that the worker stands on a rung no higher than the second from the top and with his body between the side rails.

Ladders must not be erected on boxes, carts, tables, scaffold platforms, elevated work platforms or on vehicles. Ladders should no be used horizontally as substitutes for scaffold planks, runway, or other service for which they have not been designed.

Metal ladders or ladders with metal reinforcing must not be used near energized electrical equipment or conductors.

## **Scaffolds**

The erection, inspection and dismantling of scaffolds must be carried out by trained, knowledgeable and competent persons.

Scaffold planks must be of good quality; free of defects such as loose knots, splits or rot, rough sawn, measuring 2 inches x 10 inches (51mm x25.4mm) in cross section, using No.1 spruce.

Scaffolds must be erected with all braces, pins, screw-jacks, base-plates, wheels and other fittings installed as required by the manufacturer.

Scaffolds platforms and benches must be at least 18 inches (46cm) wide and planked across their full width.

Scaffolds must be tied into a building at vertical intervals not exceeding three times the least lateral dimension, including the dimension of any outrigger stabilizing devices.

Where scaffolds cannot be tied into a building, adequately secured guy lines must be used to provide stability.

Scaffold planks must be securely fastened to prevent them from sliding by way cleats.

Scaffolds must be erected, used and maintained in a plumb condition.

Remove ice, snow, oil, grease and other slippery material from the platform and the surface shall be treated to prevent slip hazards (where required).

Only appropriate ladders must be used to access/egress scaffold platforms. A competent person must inspect scaffolds prior to each use.

## **Scaffolds on Wheels or Castors**

All castors or wheels must be provided with a functioning braking device.

Brakes on the castors shall be engaged when working on the scaffold. NO worker shall mount scaffold unless the brakes are applied.

Ensure surface is firm (Small floor openings are covered and the surface is level prior to moving scaffold).

Where a rolling scaffold is being moved, with a worker on platform 8 feet (2.4 m) high, the worker must wear fall arrest secured to the scaffold.

A scaffold mounted on castors or wheels shall be equipped with guy wires or outriggers to prevent its overturning if the height of the scaffold platform exceeds three (3) times the least lateral dimension of the scaffold measured at the base of the scaffold. If outriggers are used, measure between the outriggers.

## **Surface Penetration/Excavations**

Locates must be obtained prior to any surface penetration (walls, floors, etc.) or soil disturbance (trenches, auguring, fence holes, etc.) of any kind.

Locate drawings must be reviewed by the supervisor and be in the possession of the equipment operator.

### **General Cleanliness**

All major pathways shall be kept clean and free of obstructions at all times.

Scrap materials and general garbage shall be placed in waste containers immediately and removed from the work area to the identified scrap containers on a daily basis. Each Subcontractor and all workers should reduce waste, reuse and recycle materials.

Each Subcontractor is responsible for maintaining and cleaning their work area and materials on a daily basis. Pop cans, coffee cups and other garbage are to be put in appropriate waste containers.

Pieces of lumber with protruding nails are to be promptly piled out of the way and the nails withdrawn or bent over.

Other protruding objects, such as reinforcing steel (rebar) must be protected by a suitable means (capped) to prevent injury/impalement.

## **Bracing and Securing**

During the course of work, all Subcontractors must ensure that they use appropriate wall/floor/structure/component bracing/securing techniques to prevent any part of the structure under construction, temporarily/permanently installed components (e.g. floors, stairs or windows) or equipment in use, from toppling over or collapse. Braces or supports should only be removed progressively when components or structural members no longer pose the danger of collapse or toppling over.

## **Utilities**

**Underground Utilities –** prior to excavating, locates must be performed and identified accordingly for all underground utilities. In the event that during the excavating of soil, the operator begins to encroach on an identified utility, the operator shall cease use of the powered equipment and digging shall only be performed by a worker using a handheld shovel (if safe to do so)

**Overhead Utilities** – whenever there is a danger of equipment, persons and/or materials encroaching on the minimal allowable distances (section 186 Reg. 213/91) or making contact with any energized electrical conductors, safety precautions (e.g. denergizing of power source, insulating electrical conductors, use of spotters, having power lines moved, etc.) must be taken in accordance with Sections 186 and 187 Reg. 213/91. When unsure, always treat electrical conductors as if they are energized (verify with site management) and take precautions accordingly. Should any utility appear to be damaged, notify the Site Supervisor immediately!

### **Treatment of Ice and Snow**

Accumulations of ice or snow which create slip hazards on access routes and /or work areas will be cleared/treated as soon as practicable. Always exercise caution when walking during inclement weather conditions.

If access to your work area or the work area itself is slippery due to inclement weather conditions, please see the Site Supervisor for Calcium Chloride and/or other materials (e.g. sand), which will be provided for the treatment of the work surface.

If the conditions are such that the treatment of the surfaces would not be practical, therefore leaving the work area slippery, workers should refrain from working in such areas until they can be made safe.

### GENERAL EQUIPMENT/ ELEVATED WORK PLATFORMS

Equipment is to be operated and maintained by competent trained and authorized personnel. Proof of training must be kept in the operator's possession and provided to the Site Supervisor, upon request. Pre-operation checks must be made daily.

An operator must never leave the equipment running while unattended. Hoisting equipment must not be left unattended while any part is in a raised position.

In the event that the view of an operator is obstructed or where working near a roadway, electrical conductor or public/ pedestrian way, the operator shall be assisted by a competent, trained signal person.

Excavating equipment shall be equipped with roll-over protection as required by the Regulations for Roll-Over Protective Structures.

Prior to use on site all equipment over 10 horsepower must have

- a pre-job inspection certificate and sticker signed by a competent maintenance person.
- have a letter bearing the seal of a professional engineer stating the equipment is in compliance with applicable and SCA/CAN standards.
- the operator's manual

This information must be readily available for review on the equipment.

#### **Elevated Work Platforms**

Only personnel trained and authorized by the supplier for that specific equipment are allowed to operate self-propelled elevating work platforms. Workers on this type of equipment must use appropriate fall protection at all times.

Pump-jacks may be used on the job-site provided that the equipment is in good repair, the manufactures engineer's drawings are available on site and the workers have erected the equipment in accordance with the specifications. Proper mudsills must be used and the support legs (at the base) must be

secured to prevent them from slipping. Guardrails must be installed to prevent the workers from falling and an access ladder must be used as required.

All pieces of equipment shall have a pre-job certification (letter or sticker), operator's manual, and a manufacturer's/engineer's de-rating. Additional manufacturer's approval and engineer's de-rating is required when material is being lifted on the platform. This data shall be kept on the unit at all times.

#### **Hoisting Equipment/Lift-Trucks**

Loads being hoisted must not pass over workers, or be handled in a manner, which might endanger a worker. Hoisting equipment is to be operated by certified or trained personnel only, as required for the capacity and type of equipment.

The operator of the hoisting equipment at all times must obtain full visibility. In the event that his view is obstructed or work is conducted near equipment, machinery, electrical conductors or other hazards, a competent trained signal person shall be used.

At no time shall the operator of the hoisting equipment attempt to lift an object or load, which is in excess of the maximum load, rated capacity. The capacity of the equipment and any attachments must be readily available.

The operator must always ensure that full control of the load is maintained.

Loads must not be left suspended unless an operator is at the controls of the equipment.

Signal person shall be used when required.

### **Lift Trucks**

Lift trucks must be in good condition and equipped with an overhead guard and all necessary safety devices. i.e. dead-man's switch, etc. The lift truck shall have an adequate lifting capacity to lift the loads. Persons operating lift trucks must be qualified and the Subcontractor must have documented the training and /or the safe operation of the lift truck.

Subcontractors shall check load capacities of any floor, roof or other platform with the Site Supervisor before loading with any material or equipment.

When traveling without a load the forks of a lift truck must be tilted back and raised at least 4 inches off the floor to avoid any obstructions. When not in use the forks of a lift truck must be rested on the floor. Powered equipment shall not be left unattended unless forks, buckets, blades and similar parts are in the lowered position or solidly supported.

All operators must have proof of training and be competent to operate the equipment.

The raising of personnel on the forks of the lift truck or a platform placed on the lift truck is prohibited.

No person other than the operator shall ride on mobile equipment.

Lift trucks, are required to stop and sound their horn at all intersections.

Where it is required to control vehicle traffic, required provisions must be in place including barriers, signs, properly instructed flag people and reflective fluorescent vests for the flag people.

Any large, heavy, round objects with a tendency to roll must be blocked to prevent any movement.

## **Log Books and Operators Manuals**

Log books must be maintained by Subcontractors for all incoming mechanical/electrical machinery or equipment which is to be used on the project. The logbook will identify previous inspections performed and contain details of the inspection (e.g. frequency of inspections, maintenance and repairs).

All Log books must be maintained as prescribed in the Construction Regulations and be available for review at any time by the Site Supervisor. Operators Manuals must be as supplied by the equipment manufacturer, supplier or an equivalent and maintained on the project, readily available to equipment operators or the Site Supervisor. An inspection tag or sticker must be supplied on all equipment new to the site.

## **Signal Persons**

Subcontractors must provide signal persons who are "Competent Workers" and therefore have received the appropriate training to meet the criteria defined in the Occupational Health and Safety Act and Regulations for Construction Projects. Every vehicle backing up must have a signal person present.

## **Equipment and Tool Use**

All equipment/tools must be inspected for defects prior to each use. Tools must be effectively guarded and used in a safe manner.

Chain saws are only to be used by those who have received adequate instruction and have a valid Record of Training (ROT) through a recognized training provider.

Ensure electrical tools are grounded and/or double insulated. If the cord is cut/frayed, or the motor casing is defective, they must be tagged out of commission, repaired and /or removed from the site.

Do not operate electrical power tools or run electrical cords in damp or wet areas. Ground Fault Circuit Interrupters (GFCI) must be used for all electrical tools used outdoors and/or in damp or wet locations.

Do not leave power tools/equipment on when unattended.

All tools and equipment must be stored so they do not create a hazard for other workers on the project.

#### **Explosive Actuated Fastening Tools**

Workers using these tools must have a current record of training (ROT), supplied by the manufacturer, with them and available for review.

Eye protection, hard hats and hearing protection must be worn.

The tool must be inspected prior to use to ensure it is clean, operating freely, the barrel is obstruction free and there are no defects, as per manufactures instruction.

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This tool must always be stored in a locked container when not in use and must never be left unattended when out of its case. This tool shall never be pointed at anyone, whether it is loaded or not.

Only shells/loads suitable for the application and manufacture of the tool shall be used. Misfired loads shall be placed in a water filled container and removed daily from site.

### **Vehicle Operation**

The Subcontractor shall see to it that his employees park in the designate areas in a manner, which will not impede access of emergency apparatus/equipment, as directed by the site supervisor.

Only competent, trained and authorized persons are to use vehicles, hoists, cranes, lift-trucks, elevated work platforms or other motor-powered equipment or machinery, while on-site. Proof of training must be maintained on the operator and supplied to the Site Supervisor.

Operators must always work cautiously and ensure that at no time is the operation of their vehicle/machine/equipment placing themselves or others in danger and/or likely to cause damage to the structure, equipment or machinery.

Posted "speed limits" must be observed at all time on the site. Where there are no limits posted, the maximum speed is walking speed.

Parking on-site must be in designated areas only. Vehicles parked on-site obstructing traffic or materials flow will be removed at the owner's expense, as directed by site supervisor.

### **Electrical Equipment**

Only qualified electricians may perform any tie-ins to electrical equipment.

Prior to performing any tie-ins, maintenance or repairs on electrical equipment, power sources must be de-energized, locked out and tested.

Locks, blocks, pins and tags may not be removed without the express permission and presence of the Site Supervisor. Every attempt must have been made to find the lock owner. Where the lock is to be cut, the Site Supervisor and a Certified electrician shall walk the area to look for workers and tools which may be exposed and post warnings prior to energizing equipment.

Report defective electrical equipment to your supervisor immediately.

Electrical panels and disconnects must not to be covered or hidden by articles of clothing, materials or machinery.

All electrical cords and equipment must be effectively grounded.

Extension cords must be inspected and maintained in proper working order.

Connections between electrical extension cords and power tools cords, must not be tied off.

Ground Fault Circuit Interrupters (GFCI) must be used outdoors or in damp locations.

Report any loose, unprotected wires/cables to your supervisor.

Energized overhead conductors must be identified with the appropriate signage.

## PUBLIC AND OCCUPANT SAFETY

## **Policy**

The safety of the general public and occupants of existing units on our project and its surroundings are of prime importance. All workers, Subcontractors, suppliers and any other visitors to our project must co-operate and make all reasonable efforts to ensure the maximum protection and minimum inconvenience to the general public or occupants through;

- Appropriate signage
- Installation and maintenance of fencing, hoarding and other precautions
- Designation and use of construction access and parking
- Reporting incidents involving occupants or general public
- Appropriate traffic control and equipment on public/private ways

that meet and are used according to all requirements of applicable legislation/statutes and the following site policies. This policy is to be posted in the Subcontractors site office, made available and explained to workers and Subcontractors on the project prior to performing work.

### Signage

Appropriate signage will be provided by the Subcontractor, as required, to ensure the appropriate identification of construction areas, access routes, overhead dangers, electrical conductors and the boundaries of the project.

Please note that in the absence of signage the "ORANGE" snow fence or hoarding signifies the project boundaries and should not be crossed by unauthorized non-construction personnel or the general public.

Signage must also be supplied by the Subcontractor to identify hazards to other workers, the general public or occupants of existing buildings. In addition to signage, hazardous areas or operations must be restricted from access by unauthorized persons.

## Fencing, Hoarding and Other Precautions

Appropriate fencing, hoarding, covered ways and other precautions (i.e. fire routes/escapes, dust barriers, etc.) must be provided, as required, to ensure the appropriate restriction of work areas and safe access to existing units or through the project (if necessary) for the general public or occupants.

Fencing, hoarding, covered ways and other precautions (i.e. fire routes/escapes) may only be altered or removed with the expressed authorization of the site supervisor's and/or governing authorities (i.e. Ministry of Labour, Fire Marshall, etc.)

Additional precautions must be taken by the Subcontractor to ensure appropriate protection of occupants or the general public where work conducted creates unsafe conditions or exceeds safety factor provided by existing precautions (i.e. removal of windows, work performed outside project boundaries, etc.).

## **Construction Access and Parking**

All construction personnel must use "designated" construction access routes and parking areas.

Driveways, laneways, walkways or emergency vehicle routes must not be blocked or restricted at any time by construction vehicles, machinery, equipment or materials.

Overnight parking of equipment or vehicles must be done with the permission of the Site Supervisor. The Subcontractor must ensure the security of equipment or vehicles. No vehicle is to left without appropriate brakes/blocking, unlocked or with keys in place.

Construction equipment such as zoom booms, scissor lifts, bulldozers, forklifts, etc. must have all moveable parts kept in their lowered positions when left unattended.

The Subcontractor must make the Site Supervisor aware of any change in process, which may cause unforeseen hazards or concern to occupants. Where required the information will be supplied to occupants regarding hazards.

## Traffic Control and Equipment on Public Ways

Subcontractors must ensure that appropriate flag persons, signal persons, barricades or signage is installed on public or private ways on the project to protect workers, the general public, occupants and vehicles on the way. Flag persons or signal persons must be provided with written instructions by their supervisors.

Priority must be giver to ensuring that public or private ways are accessible to emergency service vehicles at all time. Where the public or private way is to be blocked, an alternative route must be provided and clearly marked.

Equipment to be used on public or private ways must be barricaded where practical and equipped with a working flashing amber light working, at all times

Where roadwork has been performed, the appropriate barricades and flashing light standards must be installed to prevent hazards to traffic or pedestrians.

Good housekeeping practices must be followed at all times, to prevent general public or occupant contact with waste, scrap or other unsafe conditions on public or private ways.

## **General Conduct**

The following is a guideline to be followed by all workers or subcontractors employed on the project:

- Ensure that you are familiar with and abide by The Braylea Investments Inc. Policy and these Safety Guidelines.
- Always work in compliance with the Occupational Health and Safety Act and Regulations.

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- Co-operate with Ministry of Labour Inspectors, site safety personnel, worker health safety representatives, site supervisors and others who are attempting to achieve and maintain a healthy and safe workplace. Minimum age of any personnel on site is 16 (sixteen).
- Always wear the personal protective equipment required for the site.
- Do not engage in horseplay or fighting.
- Use discretion, if it does not look or feel safe, ask for your supervisor assistance.
- Read and follow all posted notices and warnings.
- Portable/personal radios (i.e. ipods, boom boxes) are not permitted on the project.
- Rings, jewelry and loose clothing must not be worn during work activities.
- If you are not familiar with the use of any equipment, machinery, or tools ask your supervisor for assistance.
- Do not disturb fellow workers while they are setting up or operating any equipment or machinery.
- A clean work area is also a safe work area. Always keep work areas and access ways clean and free of spills, scrap, debris and congestion.
- Lunch areas are to be kept clean and free of garbage.

## **Incidents Involving Occupants or General Public**

Contact by construction workers with the general public and /or occupants of existing home must be limited and must not be confrontational. Report any adverse contact with the general public or occupants to your supervisor.

### **Visitors**

The Subcontractor must ensure the health and safety of visitors to the project.

Visitors must report upon their arrival to the Project Office. They will only be allowed on site if granted permission from the site management team. Visitors must always be accompanied by a competent supervisor and must wear the required personal protective equipment.

Visitors must be aware of these guidelines (available on site). Visitors must not perform work

Visitors must wear the personal protective equipment required for the work area visited; minimum CSA approved hard hats, safety boots and eye protection. Fall arrest, respiratory, hearing or other protection may be necessary.

## **VIOLENCE & HARASSAMENT POLICY STATEMENT**

The management of Braylea Investments Inc is committed to the prevention of workplace violence and providing a work environment in which all individuals are treated with respect and dignity. We will take the necessary steps reasonable to protect our workers from workplace violence from all sources.

Violent behaviour and/or harassment are unacceptable in the workplace and will not be tolerated. Everyone on all levels is expected to uphold this policy, and will be held accountable by Senior Management.

Braylea Investments Inc will ensure that this policy and the supporting program are implemented and maintained and that all workers and supervisors have the appropriate information and instruction to protect them from violence and harassment in the workplace.

Managers and supervisors will adhere to this policy and the supporting program. They will be responsible for ensuring that measures and procedures are followed by workers' ant that workers have the information that they need to protect themselves.

Our workplace violence program includes measures and procedures to protect workers from workplace violence, a means of summoning immediate assistance, and a process for workers to report incidents or raise concerns. Workers are also encouraged to report any incidents of workplace harassment. Management will investigate and deal with all concerns, complaints, or incidents of workplace violence and harassment in a timely and fair manner while respecting workers' privacy to the extent possible.

Nothing in this policy or program prevents or discourages a worker from filing an application with the Ontario Human Rights tribunal on a matter related to the Ontario Human Rights Code within one year of the last alleged incident. A worker also retains the right to exercise any other legal avenues available.

Sincerely,

PRESIDENT

Date

eles 04/17.

### WORKPLACE VIOLENCE POLICY

The management of Braylea Investments Inc.is committed to the prevention of workplace violence and is ultimately responsible for worker health and safety. We will take whatever steps are reasonable to protect our workers from workplace violence from all sources.

Workplace violence is any act in which a person is abused, threatened, intimidated or assaulted in his or her employment. Workplace violence includes:

- Threatening behaviour such as shaking fists, destroying property or throwing objects.
- Verbal or written threats any expression of an intent to inflict harm.
- Harassment any behaviour that demeans, embarrasses, humiliates, annoys, alarms or verbally abuses a person and that is known or would be expected to be unwelcome. This includes words, gestures, intimidation, bullying, or other inappropriate activities.
- Verbal abuse swearing, insults or condescending language.
- Physical attacks hitting, shoving, pushing or kicking.

Rumours, swearing, verbal abuse, pranks, arguments, property damage, vandalism, sabotage, pushing, theft, physical assaults, psychological trauma, anger-related incidents, rape, arson and murder are all examples of workplace violence.

Workplace violence is not limited to incidents that occur within a traditional workplace. Work-related violence can occur at off-site business-related functions (conferences, trade shows), at social events related to work, in clients' homes or away from work but resulting from work (a threatening telephone call to your home from a client).

Violent behaviour in the workplace is unacceptable from anyone. This policy applies to all Braylea Investments Inc.'s projects, workers, trade partners, homeowners, site visitors, clients, delivery persons, volunteers, etc. Everyone is expected to uphold this policy and to work together to prevent workplace violence.

There is a workplace violence program that implements this policy. It includes measures and procedures to protect workers from workplace violence, a means of summoning immediate assistance and a process for workers to report incidents, or raise concerns.

In the event that a worker feels that they are experiencing workplace violence they may report this immediately to their supervisor. All reports of workplace violence will be anonymous; only the person reporting violence and supervisor will be aware of the occurrence. No reprisals will be made against reporting employees. We encourage reporting of all incidents of violence at Braylea Investments Inc.'s projects.

Braylea Investments Inc. as the employer will ensure this policy and the supporting program are implemented and maintained and that all workers and supervisors have the appropriate information and instruction to protect them from violence in the workplace.

Supervisors will adhere to this policy and the supporting program. Supervisors are responsible for ensuring that measures and procedures are followed by workers and that workers have the information they need to protect themselves.

Every worker must work in compliance with this policy and the supporting program. All workers are encouraged to raise any concerns about workplace violence and to report any violent incidents or threats. There will be no negative consequences for reports made in good faith.

Management pledges to investigate and deal with all incidents and complaints of workplace violence in a fair and timely manner, respecting the privacy of all concerned as much as possible.

## WORKPLACE HARASSMENT POLICY

The management of Braylea Investments Inc. is committed to providing a work environment in which all individuals are treated with respect and dignity.

Workplace harassment will not be tolerated from any person in the workplace. Harassment covers a wide range of offensive behaviour. It is commonly understood as behaviour intended to disturb or upset. In the legal sense, it is behaviour which is found threatening or disturbing.

Everyone in the workplace must be dedicated to preventing workplace harassment. Managers, supervisors, and workers are expected to uphold this policy, and will be held accountable by the employer. This policy applies to all Braylea Investments Inc.'s projects workers, trade partners, homeowners, site visitors, clients, delivery persons, volunteers, etc. Everyone is expected to uphold this policy and to work together to prevent workplace harassment.

Workplace harassment means engaging in a course of vexatious comment or conduct against a worker in a workplace -- a comment or conduct that is known or ought reasonably to be known to be unwelcome.

Some types of behaviors that may be workplace harassment include:

- Bullying
- Teasing
- Intimidating or offensive jokes or innuendos
- Displaying or circulating offensive pictures or materials

Harassment may also relate to a form of discrimination as set out in the Ontario Human Rights Code. As per the Ontario's Human Rights Code:

Harassment in employment

**5 (2)** Every person who is an employee has a right to freedom from harassment in the workplace by the employer or agent of the employer or by another employee because of race, ancestry, place of origin, colour, ethnic origin, citizenship, creed, age, record of offences, marital status, family status or handicap. [1981, c.53, s.4(2).]

This policy is not intended to limit or constrain the reasonable exercise of management functions in the workplace.

Workers are encouraged to report any incidents of workplace harassment In the event that a worker feels that they are experiencing workplace harassment they may report this immediately to their supervisor. All reports of workplace violence will be anonymous; only the person reporting violence and supervisor will be aware of the occurrence. No reprisals will be made against reporting employees. We encourage reporting of all incidents of violence at Braylea Investments Inc. Every worker must work

in compliance with this policy and the supporting program. There will be no negative consequences for reports made in good faith.

Management will investigate and deal with all concerns, complaints, or incidents of workplace harassment in a fair and timely manner while respecting workers' privacy as much as possible.

Nothing in this policy prevents or discourages a worker from filing an application with the Human Rights Tribunal on a matter related to Ontario's Human Rights Code within one year of the last alleged incident. A worker also retains the right to exercise any other legal avenues that may be available.

### **GHS/ WHMIS 2015**

### What is GHS?

Globally Harmonized System

### What is WHMIS?

Workplace Hazardous Materials Information System

GHSWHMIS is a Canada-wide system to provide employers and workers with information about the hazardous materials they work with on the job, in order to protect their health and safety. It does this by means of:

- Warning labels on containers of hazardous materials
- Separate safety data sheets providing further detailed information (known as Safety Data Sheets or SDS)
- Worker training on how to use this information

#### What is Hazardous Material?

Materials covered under GHS/WHMIS 2015 include three Hazard Group; Health, Physical and Environmental

**NOTE:** Not all hazards and/or classes have an associated pictogram. When there is no pictogram available, the use of "Signal Words" is necessary.

	Exploding bomb (for explosion or reactivity hazards)		Flame (for fire hazards)	<b>(2)</b>	Flame over circle (for oxidizing hazards)
	Gas cylinder (for gases under pressure)		Corrosion (for corrosive damage to metals, as well as skin, eyes)		Skull and Crossbones (can cause death or toxicity with short exposure to small amounts)
	Health hazard (may cause or suspected of causing serious health effects)	<b>(!)</b>	Exclamation mark (may cause less serious health effects or damage the ozone layer*)	*	Environment* (may cause damage to the aquatic environment)
<b>®</b>	Biohazardous Infect (for organisms or toxi		eases in people or anima	als)	

The GHS system also defines an Environmental hazards group. This group (and its classes) was not adopted in WHMIS 2015. However, you may see
the environmental classes listed on labels and Safety Data Sheets (SDSs). Including information about environmental hazards is allowed by
WHMIS 2015.

### WHMIS Labels:

There are two types of labels;

- a supplier label; and
- a workplace label

## **Supplier Labels:**

Any container of hazardous material brought into a Canadian Workplace must carry a supplier WHMIS label. Following are the components of a supplier label:

- 1. Product Identifier: The name of the product which may be its common trade name, brand name, code name or code number.
- 2. Supplier Identifier: The name of the supplier. (A distributor who buys from a supplier and re-sells without repackaging need not be mentioned on the supplier label).
- 3. SDS Statement: A statement to the effect that a SDS is available for the product. For example: <u>"SEE SAFETY DATA SHEET".</u>
- 4. Hazard Symbol: One or more of the eight hazard symbols which apply to the product.
- 5. Risk Phrases: These are descriptions of the effects which may result from exposure. They give further information about the hazard indicated by the symbol. For example, "dangerous if inhaled."
- 6. Precautionary Measures: This section explains how to avoid the risks associated with the product. For example: "wear appropriate eye protection".
- 7. First Aid Measures: This section explains how to treat a person who has been overexposed to the product. For example, "wash affected area under running water".

### **Workplace Labels:**

Workplace labels are used on hazardous materials or their containers, instead of supplier labels, in the following circumstances:

- The material is produced in the workplace for use in the workplace or for export;
- The material is produced in the workplace and intended for sale in Canada and will therefore have a supplier label attached before shipment;
- The material is decanted from a supplier's labeled container into another container after its arrival in the workplace;
- The original supplier label is missing or becomes unreadable.

A workplace label must contain the following information:

- 1. Product Identifier: the name of the material;
- 2. Precautionary Measures: how to handle it safely; and
- 3. SDS Statement: a statement telling the reader that a Safety Data Sheet is available for this material.

Example of Workplace Label:

## **TOLUENE SUPHONIC ACID 70% LIQUID**

USE ONLY WITH FACE SHIELD, GOGGLES, RUBBER GLOVES, RUBBER APRON AND RUBBER BOOTS

REFER TO MATERIAL SAFETY DATA SHEET FOR FURTHER INFORMATION

There are no specific requirements on the colour, size or shape of the workplace label. It is important that it be distinctive and easily seen.

## **Safety Data Sheets:**

The Data Sheet or SDS is the backup to the label. The label alerts a worker with a brief profile of a hazardous material. The SDS contains detailed information about the product. Material safety data sheets are considered current if dated within 3 years.

16 categories of information are required on a SDS.

DS	DS Section & Heading Specific Information Elements				
1	Identification	<ul> <li>Product identifier (e.g. Product name)</li> <li>Other means of identification (e.g. product family, synonyms, etc.)</li> <li>Recommended use</li> <li>Restrictions on use</li> <li>Canadian supplier identifier<sup>+ See notes below.</sup> <ul> <li>Name, full address and phone number(s)</li> </ul> </li> <li>Emergency telephone number and any restrictions on the use of that number, if applicable</li> </ul>			
2	Hazard identification	<ul> <li>Hazard classification (class, category) of substance or mixture or a description of the identified hazard for Physical or Health Hazards Not Otherwise Classified</li> <li>Label elements:         <ul> <li>Symbol (image) or the name of the symbol (e.g., flame, skull and crossbones)</li> <li>Signal word</li> <li>Hazard statement(s)</li> <li>Precautionary statement(s)</li> </ul> </li> <li>Other hazards which do not result in classification (e.g., molten metal hazard)</li> </ul>			
3	Composition/ Information on ingredients	<ul> <li>When a hazardous product is a material or substance:         <ul> <li>Chemical name</li> <li>Common name and synonyms</li> <li>Chemical Abstract Service (CAS) registry number and any unique identifiers</li> <li>Chemical name of impurities, stabilizing solvents and/or additives*</li> </ul> </li> <li>For each material or substance in a mixture that is classified in a health hazard class**:         <ul> <li>Chemical name</li> <li>Common name and synonyms</li> <li>CAS registry number and any unique identifiers</li> <li>Concentration</li> </ul> </li> </ul>			

		NOTE: Confidential hysiness information rules can apply
		NOTE: Confidential business information rules can apply
4	First-aid measures	<ul> <li>First-aid measures by route of exposure:         <ul> <li>Inhalation</li> <li>Skin contact</li> <li>Eye contact</li> <li>Ingestion</li> </ul> </li> <li>Most important symptoms and effects (acute or delayed)</li> <li>Immediate medical attention and special treatment, if necessary</li> </ul>
5	Fire-fighting measures	<ul> <li>Suitable extinguishing media</li> <li>Unsuitable extinguishing media</li> <li>Specific hazards arising from the hazardous product (e.g., hazardous combustion products)</li> <li>Special protective equipment and precautions for fire-fighters</li> </ul>
6	Accidental release measures	<ul> <li>Personal precautions, protective equipment and emergency procedures</li> <li>Methods and materials for containment and cleaning up</li> </ul>
7	Handling and storage	<ul> <li>Precautions for safe handling</li> <li>Conditions for safe storage (including incompatible materials)</li> </ul>
8	Exposure controls/ Personal protection	<ul> <li>Control parameters, including occupational exposure guidelines or biological exposure limits and the source of those values</li> <li>Appropriate engineering controls</li> <li>Individual protection measures (e.g. personal protective equipment)</li> </ul>
9	Physical and chemical properties	<ul> <li>Appearance (physical state, colour, etc.)</li> <li>Odour</li> <li>Odour threshold</li> <li>pH</li> <li>Melting point/Freezing point</li> <li>Initial boiling point/boiling range</li> <li>Flash point</li> <li>Evaporation rate</li> <li>Flammability (solid; gas)</li> <li>Lower flammable/explosive limit</li> <li>Upper flammable/explosive limit</li> <li>Vapour pressure</li> <li>Vapour density</li> <li>Relative density</li> <li>Solubility</li> </ul>

	Physical and chemical properties (continued)	<ul> <li>Partition coefficient - n-octanol/water</li> <li>Auto-ignition temperature</li> <li>Decomposition temperature</li> <li>Viscosity</li> </ul>		
10	Stability and reactivity	<ul> <li>Reactivity</li> <li>Chemical stability</li> <li>Possibility of hazardous reactions</li> <li>Conditions to avoid (e.g., static discharge, shock, or vibration)</li> <li>Incompatible materials</li> <li>Hazardous decomposition products</li> </ul>		
11	Toxicological information	<ul> <li>Concise but complete description of the various toxic health effects and the data used to identify those effects, including:</li> <li>Information on the likely routes of exposure (inhalation, ingestion, skin and eye contact)</li> <li>Symptoms related to the physical, chemical and toxicological characteristics</li> <li>Delayed and immediate effects, and chronic effects from short-term and long-term exposure</li> <li>Numerical measures of toxicity</li> </ul>		
12	Ecological information***	<ul> <li>Ecotoxicity</li> <li>Persistence and degradability</li> <li>Bioaccumulative potential</li> <li>Mobility in soil</li> <li>Other adverse effects</li> </ul>		
13	3 Disposal Information on safe handling for disposal and methods of considerations*** including any contaminated packaging			
14	Transport information***	<ul> <li>UN number</li> <li>UN proper shipping name</li> <li>Transport hazard class(es)</li> <li>Packing group</li> <li>Environmental hazards</li> <li>Transport in bulk, if applicable</li> <li>Special precautions</li> </ul>		
15	Regulatory information***	Safety, health and environmental regulations specific to the product		
16	Other information Date of the latest revision of the SDS			

\*The supplier that must be identified on an SDS is the initial supplier identifier (i.e., the name, address and telephone number of either the Canadian manufacturer or the Canadian importer). There are two exceptions to this requirement. In a situation where a hazardous product is being sold by a distributor, the distributor may replace the name, address and telephone number of the initial supplier with their own contact information. In a situation where an importer imports a hazardous product for use in their own workplace in Canada (i.e., the importer is not selling the hazardous product), the importer may retain the name, address and telephone number of the foreign supplier on the SDS instead of replacing it with their own contact information.

\*These impurities and stabilizing products are those that are classified in a health hazard class and contribute to the classification of the material or substance.

\*\*Each ingredient in the mixture must be listed when it is classified in a health hazard class and is present above the concentration limit that is designated for the hazard class in which it is classified or is present in the mixture at a concentration that results in the mixture being classified in any health hazard class.

\*\*\*Sections 12 to 15 require the headings to be present, but under Canadian regulations, the supplier has the option to not provide information in these sections.

In addition to these categories, the supplier or employer must include any other hazard information of which he/she should be aware. Specific instructions and precautionary measures for working with all products will be provided to all employees.

Household products are exempt from WHMIS. However, hazardous household products still contain warning information and symbols. When we use any hazardous products at our sites, then WHMIS applies.

SDSs are required to be accurate at the time of sale. An SDS will be required to be updated when the supplier becomes aware of any "significant new data". The definition of "significant new data" is:

"New data regarding the hazard presented by a hazardous product that changes its classification in a category or subcategory of a hazard class, or result in its classification in another hazard class, or change the ways to protect against the hazard presented by the hazardous product." (Source: Canada Gazette, Part II, Hazardous Products Regulations, Section 5.12 (1))

This definition means that an SDS must be updated when there is new information that changes how the hazardous product is classified, or when there are changes to the way you will handle or store or protect yourself from the hazards of the product.

SDSs will be required to be updated within 90 days of the supplier being aware of the new information. If you purchase a product within this 90-day time period, the supplier must inform you of the significant new data and the date on which it became available in writing.

## **FALL PROTECTION**

Fall arrest is the most common system of fall protection used. A fall arrest system is designed to stop or arrest a fall within a few feet of the worker's original position. A fall arrest system should be used when there is a likelihood of a fall occurring, or where a travel restraint system cannot be implemented which would allow the performance of the work. (see *Travel Restraint* below)

A typical fall arrest system consists of the following components connected together:

- full body harness
- lanyard with a shock absorber
- rope grab (or triple sliding hitch)
- lifeline
- lifeline anchor

#### TRAVEL RESTRAINT

A travel restraint system provides fall protection by preventing a worker from reaching the point where a fall could occur, for example a roof-edge.

Although the legal requirements indicate that a safety belt can be used, all workers shall be required to use a full body harness. The basic components of a travel restraint system are identical to those used in a fall arrest system.

The main drawback of a travel restraint system is that, by its very design, it limits a worker's movements and can therefore interfere with the work being done. This results in a requirement to constantly adjust the rope grab or triple sliding hitch to enable the worker access to the work zone, but still restrained from the actual fall point.

One potential solution is the use of a retractable block lifeline, which allows the worker to move the full length of the line but, like a seatbelt in a car, stops and locks at any sudden pull. This action is designed for fall arrest.

In practice, travel restraint systems are not fool-proof because the length of the lifeline is not always adjusted properly. While the retractable block system addresses the need for continuous adjustment, it is possible for a worker who was working at an angle to the anchor point (and falls) to pendulum to a point at right angles to the anchor point with the result that the worker is suspended some distance below the edge making rescue more difficult.

Because of the limitations of travel restraint systems, it is recommended that any person working adjacent to a fall point develop and use a fall arrest system.

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## **COMPONENTS**

## Safety Belts

Safety belts are not to be worn as part of a fall arrest or travel restraint system. Personnel may wear safety belts as work belts only.

## **Full Body Harness**

A harness distributes fall arrest impact through the thighs and buttocks. Safety belts, on the other hand, transfer the fall arrest force into the mid-section where vital organs are located and can result in severe internal injuries.

### Harnesses feature:

- adjustable thigh straps
- waist strap, chest strap, or both
- sliding D-ring midway up the back
- buttock strap (to help absorb fall arrest load in a "padded" area of the body.)

The harness shall bear a CSA approval. Older harnesses may not have a CSA approval, while this does not render them unsafe, they are not to be used on our projects.

### Lanyards

Lanyards connect the harness directly to an anchor point, or to an intermediate component in the system, such as a rope grab. They are manufactured from either 5/8-inch diameter nylon rope or nylon webbing straps. Lanyards are required to bear a CSA approval.

Available in different lengths, the appropriate length is the shortest length that will allow the worker to perform the work, thus creating the shortest potential fall distance. (Some lanyards are adjustable in length.)

Lanyards should have spliced eyes with thimbles, and be fitted with locking snaps or D-clips for attachment to other components. D-clips are preferable to locking snap hooks to reduce the chance of roll-out from rope grabs or anchor points. In some cases, lanyards may be spliced directly to other components.

The length and anchorage of lanyards should limit falls to no more than 5 feet. If possible the anchor point should be at approximately shoulder height to minimize fall distance. Some lanyards incorporate shock absorbers to help absorb fall arrest loads. These are the standard for all new lanyard purchases. Older lanyards which do not have shock absorbers built in shall have a separate shock absorber incorporated into the system before being used. (see Shock Absorbers)

#### UNDER NO CIRCUMSTANCES SHALL A KNOT BE TIED IN A LANYARD.

If a lanyard is too long, get a shorter one. All connections in the system shall be made with approved connecting hardware.

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#### **Shock Absorbers**

Shock absorbers are required in all fall protection systems. Typical fall arrest loads may range from 1,200 to 1,500 pounds depending on body weight, fall distance, and the type of components in the system. Shock absorbers can reduce this force by as much as 50%. Shock absorbers should bear a certification according to one of the organizations noted in H&S-024.

Some shock absorbers are built into the lanyard. Most are made of a webbing material with tear-away stitching designed to gradually absorb fall arrest load. The tear-away type also gives clear indication that fall arrest has occurred and that the system requires replacement. Some models of self-retracting lifelines have built in braking systems which function as shock absorbers.

## **Rope Grabs**

For attaching lanyard to lifeline, mechanical rope grabs have largely replaced the triple sliding hitch, and are the acceptable standard for our fall protection systems.

Most rope grabs use a cam-type device that locks onto the line when the lanyard is pulled sharply. Rope grabs bearing certification from one of the organizations listed in H&S-024 are the accepted standard.

Carefully follow the manufacturer's installation and/or inspection procedures.

## **Snap Hooks**

Snap hooks are often used to connect various components of the system. Older snap hooks may not have a locking mechanism to prevent roll-out (accidental disengagement). This can occur when a snap hook is in a twisted position, which causes the fall arrest force to be applied to the snap rather than the hook. Any snap hook to be used must have locking mechanism to prevent roll-out. Older, single action, snap hooks are not to be used in any system.

#### **D-Clips**

D-clips are also used to connect various components in a fall protection system, including lanyards to rope grabs and lifelines to anchors. They are equally useful for connecting other components, and while not as convenient as snap hooks, they will not open under twisting loads. Most use a link-type arrangement with a knurled nut to open and close the device. When closed, the clip cannot open irrespective of the direction of the forces applied to it.

### **Vertical Lifelines**

Only synthetic fibre rope, such as nylon, polypropylene, or polyester should be used for vertical lifelines. Lifelines should be protected from abrasion where they drape over sharp surfaces or edges.

Vertical lifelines shall be at least 5/8-inch diameter rope made of polypropylene, polyester or other fibers of equal elasticity, durability and resistance to abrasion. Wire ropes are only to be used where flame or heat would cause damage to a fibre rope, it is

especially important that a shock absorber be used with wire lifelines, as they are not elastic.

Lifelines shall be long enough to reach the ground (or a safe landing level above the ground, and must be knotted to prevent the grab from sliding off the end.)

Although most ropes manufactured now have protection from ultraviolet light, they will gradually degrade over time. Do not leave lifelines exposed to sunlight when not in use. Visually inspect the entire length of a lifeline before use to ensure it is free of abrasions, nicks, cuts, knots (except for the run-off knot). A rope which is found to be damaged shall not be used in a fall protection system.

#### **Horizontal Lifelines**

Horizontal lifelines have various applications. For example, lanyards can be attached to a horizontal lifeline for working along roof edges. A horizontal lifeline can also be used to attach a vertical lifeline for doing facade work.

All horizontal lifelines shall be referred to a professional engineer for design, installation, and inspection. Design requires knowledge of fall-arrest loads, anchorage requirements and the importance of control points.

#### **Retractable Block Lifelines**

Retractable block lifelines extend as far as their length allows and remain adjustable until there is a sharp tug on the line. Then the block locks and the line will not pay out any further. The force of a fall is enough to lock the block. These are used for travel restraint applications such as along roof perimeters.

Because these are mechanical devices, proper maintenance and inspection is a requirement before use. Care shall be exercised at all times to prevent the entry of foreign materials into the mechanism. Familiarize yourself with the inspection procedures for the particular Retractable Block you are using and maintain an Inspection Log.

#### Anchorage

In most situations, anchorage for fall protection consists of points on exposed structures where lanyards or lifelines can be securely fastened. Existing buildings may include designed anchorage systems for repair or maintenance work.

In general, vertical lifeline anchors and lanyard attachment points should be able to withstand a load of 10 times the weight of the person wearing the fall protection system.

Fall protection is only as effective as its anchorage. Vertical fall arrest loads can be as high as 1,800 pounds depending on body weight and fall distance. Anchorage must be substantial to withstand such a force.

In practice, anchorage is a matter of judgment. Suitable points would include

- large HVAC units
- large masonry chimneys
- roof structures such as elevator rooms
- pipes more than 10 inches in diameter
- roof anchors in good condition
- concrete or structural steel columns or beams

Do not anchor to stink pipes, scupper drain covers, pipes less than 10 inches in diameter, handrails, roof hatches, fixed ladders or stairs, vent pipes, small air conditioning condensers, shoring jacks, formwork, old masonry, or light structural parapets.

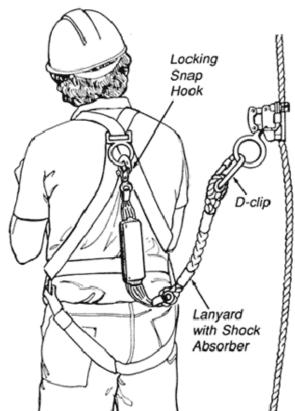
Anchorage is equally or more important when lanyards are tied off directly to the structure. Shock loads from a lanyard alone can be greater than a lanyard-lifeline combination, since the lifeline absorbs considerable energy.

### Selection

The effectiveness of the fall protection is determined by the strength of its weakest component. Wherever a Canadian standard exists for the component, it is to be followed. Purchasing from a reputable, knowledgeable supplier will help ensure that all equipment is reliable.

### **Guidelines for Use**

Inspect all components prior to installation and use. Check ropes for wear, deterioration, abrasions, nicks and cuts. Check rope grabs for proper function. Check snap rings to ensure closure is secure. Ensure the safety harness is serviceable. Verify that adequate anchorage is present and usable. Periodically verify that all are not being subjected to components excessive stress or wear during the course of the day. If any component is found to be faulty or in need of repair, it shall be tagged "Unsafe -Do Not Use", removed from the work area and placed secure location for in repair/replacement (separate from serviceable equipment).



## **FALL PROTECTION RESCUE PLAN**

If a fall arrest situation were to occur despite the supervision and instruction to the site workers to comply with the Braylea Investments Inc. policy and the Health & Safety policy of the Construction Manager/Contractor. In the case of a fall, site foreman, worker or workers, undertaking a rescue of a worker in a fall arrest condition shall:

- 1. Stop all other production work, including hoisting, loading, and/or off loading, so as not to interfere with the rescue.
- Remove any equipment, vehicles, material and/or tools from the immediate rescue area, to provide unobstructed access unless, moving this equipment endangers the worker.
- 3. Never place themselves or other workers in a situation to cause a second fall arrest condition or endanger the Health and Safety of anyone else, carrying out a rescue.
- 4. Assess their ability to make a successful rescue, without causing further injury to the worker or exasperating the workers' injuries by:
  - actively communicating with the worker to determine the workers injures, levels of consciousness and ability to assist in the rescue.
  - Designating workers to the fall protection and/or points being used, to ensure the equipment is not tampered with
  - Reviewing all means of access including ladders, mechanical lifting devices, emergency evacuation equipment capable of being hoisted into positions by a crane the possibility not installing a second life line or static line, top gain access to the worker and the risks involved.
  - Calling for outside assistance in the rescue (E.g. Fire department, police and ambulance).
- 5. If it is determined that attempting a rescue is safe for the workers undertaking the rescue and the worker being rescued, the site supervisor shall:
  - personally supervise the work in its entirety without leaving the scene including the anchoring of fall protection systems required for use during the rescue.
  - Control the use of equipment, materials and man power in good conscious and where possible so as to preserve the scene for a formal investigation
  - Follow the directions of the emergency response team, if and when they arrive on site.
  - Make preparations for providing First Aid and other emergency treatment for shock, internal/external bleeding and open wounds, in lieu of ambulatory attendants.

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#### **Rescue Procedures**

The following rescue procedures are ordered (A) through (C), with (A) being the preferred method and (C) being the method used when there is no other means of rescue.

- **A. Power Elevating Work Platform Rescue**—If a Power elevating work platform (PEWP) is available on site and the suspended worker can be reached by the platform, follow the procedure below.
  - 1. Bring the PEWP to the accident site and use it to reach the suspended worker.
  - 2. Ensure that rescue workers are wearing full-body harnesses attached to appropriate anchors in the PEWP.
  - 3. Ensure that the PEWP has the load capacity for both the rescuer(s) and the fallen worker. If the fallen worker is not conscious, two rescuers will probably be needed to safely handle the weight of the fallen worker.
  - 4. Position the PEWP platform below the worker and disconnect the worker's lanyard when it is safe to do so. When the worker is safely on the PEWP, reattach the lanyard to an appropriate anchor point on the PEWP if possible.
  - 5. Lower the worker to a safe location and administer first aid. Treat the worker for suspension trauma and any other injury.
  - 6. Arrange transportation to hospital if required.
- **B. Ladder Rescue**—If a Power elevating work platform is not available, use ladders to rescue the fallen worker with the procedure outlined below.
  - 1. If the fallen worker is suspended from a lifeline, move the worker (if possible) to an area that rescuers can access safely with a ladder.
  - 2. Set up the appropriate ladder(s) to reach the fallen worker.
  - 3. Rig separate lifelines for rescuers to use while carrying out the rescue from the ladder(s).
  - 4. If the fallen worker is not conscious or cannot reliably help with the rescue, at least two rescuers may be needed.
  - 5. If the fallen worker is suspended directly from a lanyard or a lifeline, securely attach a separate lowering line to the harness.
  - 6. Other rescuers on the ground (or closest work surface) should lower the fallen worker while the rescuer on the ladder guides the fallen worker to the ground (or work surface).
  - 7. Once the fallen worker has been brought to a safe location, administer first aid and treat the person for suspension trauma and any other injury.
  - 8. Arrange transportation to hospital if required.

- C. Rescue from Work Area or Floor Below—If the fallen worker is suspended near a work area and can be safely reached from the floor below or the area from which they fell, use the following procedure.
  - 1. Ensure that rescuers are protected against falling.
  - 2. If possible, securely attach a second line to the fallen worker's harness to help rescuers pull the fallen worker to a safe area. You will need at least two strong workers to pull someone up to the level from which they fell.
  - 3. Take up any slack in the retrieving line to avoid slippage.
  - 4. Once the worker has been brought to a safe location, administer first aid and treat the person for suspension trauma and any other injury.
  - 5. Arrange transportation to hospital if required.

#### **Post-Rescue Procedure**

All non-affected workers should remain in the designated safe gathering zone until the site supervisor notifies them to do otherwise.

The site supervisor and health and safety representative should

- Begin the accident investigation.
- Quarantine all fall-arrest equipment that may have been subjected to fall fatigue effects and/or shock loading for further investigation.
- Secure the area (the OHSA requires that an accident scene not be disturbed where a fatal or critical injury has occurred).
- Determine whether or not the jobsite-specific rescue and evacuation plans were followed as designed.
- Record modifications or additions to the plans that the rescue team deems necessary.
- Record all documented communications with fire, police, MOL, and other contractors involved. (When a fall occurs and is arrested, you must notify the MOL in writing.)
- Record all documented statements from employees, witnesses, and others.
- Save all photographs of the incident.
- Record all key information such as dates, time, weather, general site conditions, and specific accident locales including sketches of the immediate incident area, complete with measurements if applicable.

## **CONFINED SPACE PROCEDURE**

#### **PURPOSE**

The purpose of this procedure is to review the basic principles of working in a confined space and the general rules that must be followed prior to entry into a confined space.

#### SCOPE

This procedure applies to all managers, supervisors, employees and subcontractors in our employ or under contract with our firm.

### **PROCEDURE**

A confined space has restricted access or egress; the potential to become hazardous due to oxygen deficient or oxygen enriched areas or by the accumulation of gas, fumes or vapours within that area.

A confined space entry permit shall be completed in writing by a competent worker prior to commencing any confined space work, as detailed in provincial Occupational Health and Safety Legislation. You must never enter the area until this test has been completed.

Where possible, mechanical venting must be set in place. The space must be continuously monitored or ventilated while workers are in the confined space.

The worker in the confined space shall also have a communication device that allows the worker to speak with others that are outside the confined space. A competent worker, trained in First Aid and CPR, must be posted outside of the confined space at the entrance and be prepared and equipped to provide assistance if required. They also must be familiar with the site-specific confined space procedure.

Prior to entering the confined space, the entrant must ensure that:

- They have received the appropriate training.
- They conduct the required air monitoring to ensure the environment is adequate.
- They properly use and document their findings on the confined space entry permit.
- They are advised of all the potential hazards.
- They are wearing the appropriate personal protective equipment.
- They have an attendant available.
- They advise the authorized supervisor that they are entering the confined space.
- They advise the authorized supervisor when they have exited the confined space.
- They do not smoke, drink or eat in the work area.
- They clean all personal protective equipment prior to and after they have exited the confined space.
- They are trained to recognize any warning signs or symptoms of exposure to a dangerous situation.
- They perform the work inside the confined space in a safe and appropriate manner.

## **Air Monitoring**

Normal outside air contains about 21% oxygen.

If the oxygen is **over** 23% it is considered oxygen enriched.

If it is **less than** 18% the environment is considered oxygen deficient.



## **Attendant**

- Insure that air monitoring has been properly conducted and recorded on permit.
- Verify that the confined space entry permit has been signed and posted.
- Maintain communication with the entrant.
- Remain outside the entrance to the confined space for the duration of the entry.
- Ensure that no unauthorized individuals enter the confined space.
- Advise the emergency response team of an emergency.



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•	ea Investments Inc. will have a trained emergency response team who are sped to deal with any emergency. Their training will include but not limited to:  □ First Aid including CPR,  □ Use and maintenance of the personal protective equipment,  □ Confined space entry, and  □ Emergency response procedures.
<u>Pers</u>	onal Protective Equipment for the entrants and/or the emergency response team  ☐ Steel toed footwear  ☐ Harness and Lanyard ☐ Hearing protection ☐ Eye protection ☐ Head protection ☐ Respirator ☐ Life line (must be attached to the person entering confined space and anchor point outside of the confined space)
Mear • •	A verbal communication system will be used.  The life line is also to be used as a backup communication system. The emergency signal is 3 short pulls on the life line.  The response from the attendant will be 2 short pulls.
autho aware	tendants, authorized entrants, emergency response personnel and personnel orizing or in charge of the entry receive adequate training to ensure that they are so of the hazards and appropriate procedures for working safely in and around the ned space.
The f	ollowing training will be conducted, but not limited to:  ☐ Confined space entry procedure ☐ Use of the confined space entry permit ☐ Use and maintenance of the personal protective equipment ☐ Use and maintenance of the Confined Space Systems ☐ Rescue procedures ☐ Testing and monitoring procedures ☐ First Aid including CPR

The records of training will be maintained in the employees' personnel file.

See a copy of Confined Space Permit.

Prior to entering a confined space, the following must be addressed:

1. The confined space shall be tested prior to entering the confined space.

Air Testing shall be conducted first outside of the Confined Space Area. Then, at the top of Confined Space Area (Entrance Point). Third half-way down the Confined Space Area, and lastly at the work area of the Confined Space Area. Note: all four readings shall be recorded by attendant on the Confined Space Permit.

Proper Hand Technique to operate rope shall be used.



Keep Air Testing Monitor on Person entering the Confined Space.

Ensure Retrieval system is connected.

2. The confined space shall be purged and ventilated to provide an atmosphere that is safe for any worker prior to them entering the space.

Check Confined Space Area with Air Monitor

- Prior from entering the Confined Space, a lockout device may be installed shall install to de-energize the power of the mixer. (locks are provided to all employees who are trained)
- 4. All employees entering the Confined Space shall use a lock, which has a one key entry.
- 5. When entering a Confined Space, always have two man systems (buddy system) as a precaution for emergency procedures.
- 6. The person stationed outside of the confined space shall be trained in rescue operations and have, in their possession, an emergency alarm.
- 7. No worker shall be present in a confined space that contains, or is likely to contain, an explosive or flammable gas, dust, mist, or vapour unless a full and detailed entry plan has been established.
- 8. Monitoring of oxygen content is required at all times to assist in the detection of "Oxygen Deficient" or "Oxygen Enriched" environments.



9. Proper consideration shall be given to all tools and equipment that shall be used in a confined space. Tools or equipment that emit toxic or gas vapours, spark or others, shall not be used in a confined space unless a full entry, work and rescue plan is in place and all workers are aware and trained in these plans. Where atmospheric conditions are of concern, the appropriate personal protective equipment (PPE) shall be reviewed, selected, inspected and used in accordance with all manufacturers recommended operating protocols.



10. A register of all workers entering the confined space shall be established including all emergency information for the worker(s). This register shall be kept on site for the duration of the work involved.

## Confined Space Entry Permit

This permit must be completed prior to entry into the confined space. Entry cannot be performed if any boxes are marked "No." (Item No 4 excluded). This permit is valid for 8 hours only.

Data of output	•	, т. Т	. 4			
Pate of entry: Time of Entry:						
Location:		Type of Sp	pace:			
Equipment to be Worked Or	า:					
Work to be performed:						
Anticipated time needed to	complete wor	k:				
Anticipated Hazard's:						
Entry personnel:						
Attendants:						
			Accept	able Cor	nditions	(%)
1.Atmospheric checks:	Oxygen	% O <sub>2</sub> 19.5 – 23.5				
-	Explosive	% L.E.L	<1	0% L.E.I	/L/F/L	
	Toylo	ppm	0-35 ppm	Carbon I	Monoxide	(CO)
	Toxic	ppm	0-10 ppm			
	Atmospheric	c Tester's Initials:		Time:		, ,
				(N/A)	(Y)	(N)
2.Isolation of pumps/lines:	Pumps of disconnected		ked, or			
				1	1	1
3. Ventilation:	Mechanical					
	Natural ven	tilation only				
				1	1	·
<b>4.</b> Hot work permit required:						<u> </u>
	1 =		Accept	able Cor		<u>(%)                                    </u>
<b>5</b> .Atmospheric checks	Oxygen	% O <sub>2</sub>		19.5 – 23.5		
AFTER isolation and	Explosive	% L.E.L	<10% L.E.L./L/F/L			
ventilation, if applicable:		ppm	0-35 ppm Carbon Monoxide (Co		(CO)	
	Toxic	ppm	0-10 ppm Hydrogen Sulfide (HS			
		11		7 - 3 -		( - /
6.Communication procedure	76.					
7.Lockout procedures, if app						
7.Lockout procedures, if app	meable.			(N/A)	(Y)	(N)
8.Entrant(s), attendant(s), a			ble) have		(')	(14)
successfully completed re	quired trainin	g				
9.Equipment:	علمانيان مانيما	:	4	1	1	1
Direct reading sampling						
Safety harnesses and life			าเร			
Mechanical retrieval/hos		nt				
Communication equipme						
SCBA or Type C air-line		41.				
Personal protective equipment and clothing					ļ	
Electrical equipment/Lighting/Non-sparking Tools/GFCIs						ļ
Traffic barriers/entrance covers						
I have reviewed the work aut Safety procedures have been	thorized by the n received and	is permit and the i d are understood b	y all person	pertaining nnel. te:	g to each	item.
Entry Supervisor:			Da	ແຮ		

### **EXCAVATION & TRENCHING PROCEDURE**

#### **OBJECTIVE**

Whenever the project requires digging, trenching or excavations workers are required to monitor and ensure the integrity of the hole, its walls and the soil around the excavation

#### SCOPE

This procedure applies to any site has any trenching or excavating as part of the work on the project. All workers, management, representatives and subcontractors must abide by these procedures when these issues arise at a Braylea Investments Inc. workplace.

#### **PURPOSE**

- 1. All cut backs or sloping of trenches or excavation walls shall be done in accordance with the Construction Regulations taking into account the soil type.
- 2. Soil type shall be determined by visual and physical examination of the soil. Documentation as to the type of soil determined should be kept on site. If there are more than 2 types of soil encountered, the soil type shall be classified using the highest number determined.
- 3. Gas, electrical and other services shall be accurately located, marked, and documented prior to digging the excavation.
- 4. Pipes, conduits, and cables in an excavation shall be supported to prevent their failure or breakage.
- 5. Excavations where workers will be present must be kept free of water accumulation.
- 6. There must be a clear distance of 18 inches between an excavation wall and another wall, formwork or masonry.
- 7. Loose rock or debris that may slide or fall shall be stripped from the walls.
- 8. No work shall be performed unless a secondary worker is stationed above ground in close proximity to the trench.
- 9. Where trench boxes or shoring is not in use, an emergency locate line, running to the work area in the trench, is recommended.
- 10. A 1 metre level area at the top of the trench wall shall be kept free and clear of equipment and materials at all times.

No person shall operate or locate a machine or other equipment in a manner that could affect the stability of an excavation wall.

### **Background**

#### **Fatalities**

A significant number of deaths and injuries in sewer and watermain work are directly related to trenching. Trenching fatalities are mainly caused by cave-ins. Death occurs by suffocation or crushing when a worker is buried by falling soil. Over half of all powerline contacts involve buried cable. Before excavating, the gas, electrical, and other services in the area must be accurately located and marked. If the service poses a hazard, it must be shut off and disconnected.

### **Injuries**

The following are the main causes of lost-time injuries in the sewer and watermain industry:

- Material falling into the trench
- · Slips and falls as workers climb on and off equipment
- Unloading pipe
- Handling and placing frames and covers for manholes and catch basins
- Handling and placing pipe and other materials
- Being struck by moving equipment
- Falls as workers climb in or out of an excavation
- Falling over equipment or excavated material
- Falling into the trench
- Exposure to toxic, irritating, or flammable gases.

Many of these injuries are directly related to trenching.

### Regulations

Supervisors and workers in the sewer and watermain industry must be familiar with the "Excavations" section of the Construction Regulation. It is important to understand, for instance, the terms "trench" and "excavation." An excavation is a hole left in the ground as the result of removing material. A trench is an excavation in which the depth exceeds the width.

The "Excavations" section of the Construction Regulation identifies the various types of soils and specifies the type of shoring and timbering to be used for each. It also spells out the requirements for trench support systems that must be designed by a professional engineer.

Difference between Excavation and Trench

Excavation

### Soil types

The type of soil determines the strength and stability of trench walls. Identifying soil types requires knowledge, skill, and experience. Even hard soil may contain faults in seams or layers that make it unstable when excavated. The foreman or supervisor must be knowledgeable about soil types found on a project and plan protection accordingly. This knowledge must include an awareness that soil types and conditions can change over very short distances. It is not unusual for soil to change completely within 50 metres or for soil to become saturated with moisture over even smaller distances. The Construction Regulation sets out four soil types.

### Soil Type 1

It is hard to drive a pick into Type 1soil. Hence, it is often described as "hard ground to dig". In fact, the material is so hard, it is close to rock. When excavated, the sides of the excavation appear smooth and shiny. The sides will remain vertical with no water released from the trench wall.

If exposed to sunlight for several days, the walls of Type 1 soil will lose their shiny appearance but remain intact without cracking and crumbling. If exposed to rain or wet weather, Type 1 soil may break down along the edges of the excavation. Typical Type 1 soils include "hardpan," consolidated clay, and some glacial tills.

### Soil Type 2

A pick can be driven into Type 2 soil relatively easily. It can easily be excavated by a backhoe or hand-excavated with some difficulty. In Type 2 soil, the sides of a trench will remain vertical for a short period of time (perhaps several hours) with no apparent tension cracks. However, if the walls are left exposed to air and sunlight, tension cracks will appear as the soil starts to dry. The soil will begin cracking and splaying into the trench. Typical Type 2 soils are silty clay and less dense tills.

## Soil Type 3

Much of the Type 3 soil encountered in construction is previously excavated material. Type 3 soil can be excavated without difficulty using a hydraulic backhoe. When dry, Type 3 soil will flow through fingers and form a conical pile on the ground. Dry Type 3 soil will not stand vertically and the sides of the excavation will cave in to a natural slope of about 1 to 1 depending on moisture.

Wet Type 3 soil will yield water when vibrated by hand. When wet, this soil will stand vertically for a short period. It dries quickly, however, with the vibration during excavation causing chunks or solid slabs to slide into the trench. All backfilled, previously excavated or previously disturbed material should be treated as Type 3.

Other typical Type 3 soil includes sand, granular materials, and silty or wet clays.

### Soil Type 4

Type 4 soil can be excavated with no difficulty using a hydraulic backhoe. The material will flow very easily and must be supported and contained to be excavated to any significant depth. With its high moisture content, Type 4 soil is very sensitive to vibration and other disturbances which cause the material to flow.

Typical Type 4 material includes muskeg or other organic deposits with high moisture content, quicksand, silty clays with high moisture content, and Leta clays. Leta clays are very sensitive to disturbance of any kind.

### **Moisture content**

The amount of moisture in the soil has a great effect on soil strength. Once a trench is dug, the sides of the open excavation are exposed to the air. Moisture content of the soil begins to change almost immediately and the strength of the walls may be affected. The longer an excavation is open to the air, the greater the risk of a cave-in.

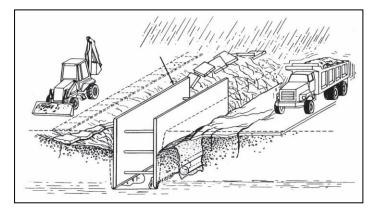
#### **Causes of Cave-Ins**

Soil properties often vary widely from the top to the bottom and along the length of a trench. Many factors such as cracks, water, vibration, weather, and previous excavation can affect trench stability. Time is also a critical factor. Some trenches will remain open for a long period, then suddenly collapse for no apparent reason. The main factors affecting trench stability are soil type, moisture, vibration, surcharge, previous excavation, existing foundations, and weather.

## **Protection Against Cave-Ins**

There are three basic methods of protecting workers against trench cave-ins:

- sloping
- trench boxes
- shoring

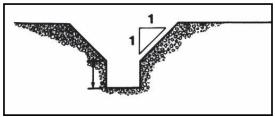


Most fatal cave-ins occur on small jobs of short duration such as service connections and excavations for drains and wells. Too often people think that these jobs are not hazardous enough to require safeguards against collapse. Unless the walls are solid rock, never enter a trench deeper than 1.2 metres (4 feet) if it is not properly sloped, shored, or protected by a trench box.

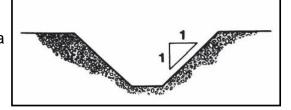
### **Sloping**

One way to ensure that a trench will not collapse is to slope the walls. Where space and other requirements permit sloping, the angle of slope depends on soil conditions.

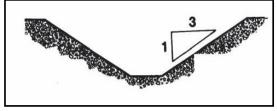
 For Type 1 and 2 soils, cut trench walls back at an angle of 1 to 1 (45 degrees). That's one metre back for each metre up. Walls should be sloped to within 1.2 metres (4 feet) of the trench bottom.



 For Type 3 soil, cut walls back at a gradient of 1 to 1 from the trench bottom.



For Type 4 soil, slope the walls at 1 to 3.
 That's 3 metres back for every 1 metre up from the trench bottom. Although sloping can reduce the risk of a cave-in, the angle must be sufficient to prevent spoil not only from sliding back but also from exerting too much pressure on the trench wall.

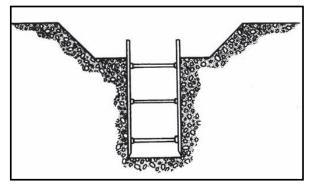


Sloping is commonly used with shoring or trench boxes to cut back any soil above the protected zone. It is also good practice to cut a bench at the top of the shoring or trench.

If sloping is to be used above a trench box, the top portion of the cut should first be sloped 1 to 1. Then the box should be lowered into the trench.

#### Trench boxes

Trench boxes are not usually intended to shore up or otherwise support trench walls. They are meant to protect workers in case of a cave-in. They are capable of supporting trench walls if the space between the box and the trench wall is backfilled and compacted. Design drawings and specifications for trench boxes must be signed and sealed by the professional engineer who designed the system and must be kept on site by the constructor.

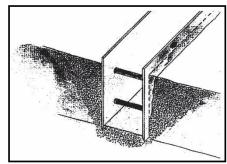


Boxes are normally placed in an excavated but unshored trench and used to protect personnel.

A properly designed trench box is capable of withstanding the maximum lateral load expected at a given depth in a particular soil condition. Trenches near utilities, streets, and buildings may require a shoring system. As long as workers are in the trench they should remain inside the box and leave only when the box is being moved. A ladder must be set up in the trench box at all times. Excavation should be done so that the space between the trench box and the excavation is minimized.

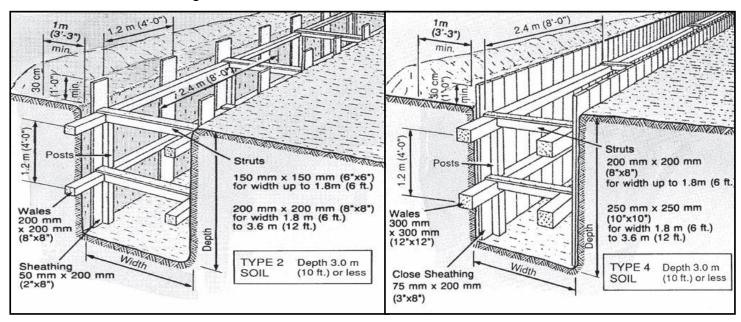
The two reasons for this are

- 1) allowing closer access to the top of the box
- 2) limiting soil movement in case of a cave-in.



## **Shoring**

Shoring is a system which "shores" up or supports trench walls to prevent movement of soil, underground utilities, roadways, and foundations. Shoring should not be confused with trench boxes. A trench box provides worker safety but gives little or no support to trench walls or existing structures such as foundations and manholes. The two types of shoring most commonly used are timber and hydraulic. Both consist of posts, wales, struts, and sheathing.



"Hydraulic shoring" refers to prefabricated strut and/or wale systems in aluminum or steel. Strictly speaking, these may not operate hydraulically. Some are air-operated or manually jacked. Design drawings and specifications for prefabricated shoring systems must be kept on site. One major advantage of hydraulic shoring over some applications of timber shoring is safety during installation. Workers do not have to enter the trench to install the system. Installation can be done from the top of the trench. Most hydraulic systems are:

Light enough to be installed by one worker

#### BRAYLEA

### INVESTMENTS INC.

- Gauge-regulated to ensure even distribution of pressure along the trench line
- Able to "pre-load" trench walls, thereby using the soil's natural cohesion to prevent movement.
- Easily adapted to suit various trench depths and widths.

Wherever possible, shoring should be installed as excavation proceeds. If there is a delay between digging and shoring, no one must be allowed to enter the unprotected trench. All shoring should be installed from the top down and removed from the bottom up.

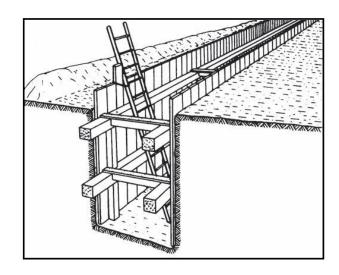
# **Access/Egress**

Whether protected by sloping, boxes, or shoring, trenches must be provided with ladders so that workers can enter and exit safely. Ladders must:

- be placed within the area protected by the shoring or trench box
- be securely tied off at the top
- extend above the shoring or box by at least 1 metre (3 feet)
- be inspected regularly for damage.

Ladders should be placed as close as possible to the area where personnel are working and never more than 7.5 metres (25 feet) away. Anyone climbing up or down must always face the ladder and maintain 3-point contact. This means that two hands and one foot or two feet and one hand must be on the ladder at all times.

Maintaining 3-point contact also means hands must be free for climbing. Tools and materials should not be carried up or down ladders. Pumps, small compactors, and other equipment should be lifted and lowered by methods that prevent injury from overexertion and falling objects.



#### References:

IHSA - Occupational Health and Safety Act

### GAS CYLINDER STORAGE PROCEDURE

### **Purpose**

To provide guidelines for the use of gas and compressed air vessels.

#### **Procedure**

The following is a list of rules that you must adhere to when using cylinders of compressed gas:

- 1. All cylinders shall be stored in an upright position at all times.
- 2. All tanks must have the regulators and hoses removed and all valve caps must be in place when not in use.
- Cylinders that contain oxidizers shall not be stored near cylinders containing flammables.
- 4. All flammable and combustible cylinders shall be grounded when being stored.
- 5. All empty tanks shall be stored outside of the work area and tied to a structural feature with a rope or chain.
- 6. Hoses shall be checked on a regular basis for cuts, bulges, or other damage. Ensure that defective hoses are repaired or replaced and all inspections and maintenance repairs are documented.
- 7. A proper pressure regulator and relief device shall be included in the system to ensure that correct pressures are maintained.
- 8. The correct air supply hoses shall be used for the tool / equipment being used.
- 9. The equipment shall be properly maintained according to the manufacturer's requirements, and maintenance shall be documented.

The following is a list of rules that you must adhere to when using compressed air:

- 10. Never use compressed air to blow debris or to clear dirt from clothing.
- 11. Ensure that the air pressure has been turned off and the line pressure relieved before disconnecting the hose or changing tools.
- 12. Any hose that may whip shall be attached to a rope or chain to prevent whipping.
- 13. Wear personal protective equipment including eye protection / face shields and ensure other workers in the area are made aware of, or have restricted access to, the hazard area.
- 14. Hoses shall be checked on a regular basis for cuts, bulges, or other damage. Ensure that defective hoses are repaired or replaced and all inspections and maintenance repairs are documented.
- 15. A proper pressure regulator and relief device shall be included in the system to ensure that correct pressures are maintained.
- 16. The correct air supply hoses shall be used for the tool / equipment being used.
- 17. The equipment shall be properly maintained according to the manufacturer's requirements, and maintenance shall be documented.

Follow the manufacturer's general instructions for use and maintenance and comply with legislated safety requirements.

### **HEAT STRESS POLICY**

Braylea Investments Inc. recognizes the potential problems caused by high temperatures in the work environment. To reduce the potential for heat-related illness, Braylea Investments Inc. has developed the following heat stress policy.

This policy requires the full cooperation of all members of Braylea Investments Inc.'s team: Senior management, the Joint Health and Safety Committee, supervisors, workers, and subcontractors.

Employees are asked to cooperate fully with this policy. All employees of Braylea Investments Inc. will be trained to recognize the signs and symptoms of heat stress — in themselves, as well as in other employees. Employees experiencing symptoms of heat stress must report to their supervisors and immediately obtain proper medical attention.

During days when heat stress procedures are in place, all employees will follow the contingency plans: extra water will be available and workers will be encouraged to drink it, even if workers are not thirsty. Heat disorders table will be posted in all trailers and workers will be encouraged to review it. The heat stress disorders table includes: heat cramps, heat exhaustion, and heat stroke disorders, including their causes, signs & symptoms, and treatment will be reviewed with workers on site.

A thermometer will be available at entrance areas of all site trailers for workers to check weather temperatures and take steps their companies have set and decide on what action to take.

In order to monitor the effectiveness of this policy, Braylea Investments Inc. will perform an annual review. The heat stress policy will be evaluated, improvements will be made, and acknowledgement will be given to those who make significant contributions to its success.

PRESIDENT /

Date

#### **Heat Stress Procedure**

### **Purpose**

The Heat Stress Policy is a guideline to prevent personnel from experiencing the effects of heat stress or heat stroke due to exposure to high temperatures. The purpose of this policy is to reduce the risk of illness, injury or fatality to all Braylea Investments Inc. employees, and trade partners.

### Authority

The Ontario Ministry of Labour, for compliance purposes, recommends the Threshold Limit Values (TLV'S) for heat stress and heat strain published by the American Conference of Governmental Industrial Hygienists (ACGIH). These values are based in preventing unacclimated workers' core temperatures from rising above **38 degrees C**.

### Responsibilities

Supervisors have the primary responsibility for the implementation of the Heat Stress Policy in their work area. The supervisor has ultimate responsibility for the safety of the employees. This includes evaluation of the weather conditions, providing ready access to drinking water, ensuring workers are familiar with the signs and symptoms of heat related disorder, allowing for acclimatization of workers in hot environments, and adoption of work rest regimes.

Employees have the primary responsibility for working in accordance with the provisions of this policy.

### **Background**

The human body regulates high temperatures by two primary mechanisms: blood flow and sweating. Blood is circulating to the skin, increasing the skin temperature and allowing the body to give off excess heat through the skin.

Sweating occurs when the body senses that the heat loss due to increased blood circulation is not enough to cool the body. Evaporation of the sweat cools the skin and eliminates large quantities of heat from the body. If the body is unable to release excess heat, it will store it. When this happens, the body's core temperature rises and the heart rate increases. If the body continues to store heat, the person may begin to have difficulty concentrating, may become irritable and lose the desire to drink. The next stage is often fainting which would signal a medical emergency.

Listed in table 1 are the common heat disorders with the accompanying symptoms and appropriate first aid measures. (This table will be posted in all site trailers).

**Table 1: Heat Disorders** 

DISORDER	CAUSE	SIGN & SYMPTOMS	TREATMENT
Heat cramps	Heavy sweating Loss of salt	-Painful spasms of arms, legs and abdomen -sudden onset - Hot, moist skin	Drink water Massage cramps Rest
Heat Exhaustion	Dehydration Non-acclimatization	-Heavy sweating -Intense thirst -Pale, moist, cool skin -Rapid pulse -Fatigue, weakness -Fainting, collapse	-Move to shade or an air conditioned space -Rest, lying down, legs elevated -Loosen clothes -Drink water
Heat Stroke	-Excessive exposure to hot environments -Body's system of temperature regulation fails -Body's temperature rises to critical levels	-High body temperature -Lack of sweating -Hot, red, dry skin -Rapid pulse -Chills -Difficulty breathing -Disoriented -Weakness -Unconsciousness	MEDICAL EMERGENCY! Call for emergency help Immerse person in water Massage body with ice

In all cases, provide first aid if qualified, call for assistance, inform management as soon as possible and **IF IN DOUBT CALL 911.** 

#### **Controls of Heat Stress**

The following guidelines should be followed to prevent heat-related disorders

- 1. Engineering Controls: Control measures include opening windows or using fans to create air flow. Outdoor work areas need to have a shaded area accessible to the employees, such as garage and basement areas. Also, shaded areas can be created using tarps or canopies or shaded tree areas. All site trailers have air conditioning and are available to all workers for breaks and to cool their bodies down. The air-conditioned trailer is referred to as the "cooling station".
- 2. Acclimatization: Employees need to adapt to new temperatures. This adaptation period is usually 5 days. New employees and employees returning from an absence of two weeks or more should have a 3-5 day period of acclimatization. This period should begin with 50% of the normal work load the first day and gradually build up to 100% on the last day.
- 3. Work Conditions: Check weather conditions frequently during the day and adjust the work schedule. It might be appropriate to change the actual hours of work to minimize working during the heat of the summer months. Heavy work should be scheduled for the cooler hours of the day. Non-essential tasks should be postponed when there is an alert issued.

The site supervisor and/or the health and safety representative of each site will check the temperature at the site at the beginning of each work day. The temperature will be observed by thermometers available at each site and temperature readings will be recorded (in log books, agendas, inspection reports, etc.).

Temperature readings will be performed at:

7:30 am	12:00 pm

If at any point the air temperature exceeds 30 (by Environment Canada) and the humidex exceeds 40 degrees Celsius and/or there is a heat wave (three or more days of temperatures of 32 degrees or more) the following steps will be taken:

- A. Extra water will be available for workers located at each site trailer and workers will be encouraged to drink it even if they are not thirsty.
- B. Workers will be encouraged to take more frequent breaks in cooler areas, such as the "cooling station" located at each site trailer.

- C. Workers will be encouraged to review posted heat disorders table located at the site trailer. The heat disorders table includes: heat cramps, heat exhaustion, and heat stroke and their causes, signs & symptoms, and treatment.
- D. Workers will be encouraged to work in a "buddy-system" in order for workers to watch out for each other and maintain constant communication.
- 4. Work/Rest Cycles: Heavy and less critical work activities should be rescheduled. Tasks should be rotated among workers. Employees should be allowed sufficient breaks in a cool area to avoid heat strain and promote recovery. Shade may be available in garage and basement areas on site. Also, all site trailers have air conditioning available to all workers for breaks. The air-conditioned trailer is referred to as the "cooling station".
- 5. **Personal Protective Equipment**: During work in hot environments, workers should use the lightest weight or breathable protective garments that give adequate protection. This may include wearing light coloured loose fitted –shirts. It is strongly recommended that workers use sun block with adequate protection.
- 6. Fluid Intake: Plenty of potable drinking water is available at all site trailers. It is recommended that workers drink 8 oz. of liquid every 20 minutes. If at any point the air temperature exceeds 30 (by Environment Canada) and the humidex exceeds 40 degrees Celsius and/or there is a heat wave (three or more days of temperatures of 32 degrees or more) extra water will be available and workers will be encouraged to drink it.

### This is the criteria for managing heat stress induced by hot weather:

- Humidex reaching or exceeding 35 degrees Celsius
- Environment Canada Humidex advisory (air temperature exceeding 30 degrees Celsius and Humidex exceeding 40 degrees Celsius)
- Environment Canada weather reports
- Heat wave (three or more days of temperatures of 32 degrees or more)

#### For further information, please contact:

- Infrastructure Health Safety Association of Ontario at (416) 674-2726.
- WSIB web: <a href="http://www.wsib.ca/wsib/website.nsf/Public/PreventHeatStress">http://www.wsib.ca/wsib/website.nsf/Public/PreventHeatStress</a>
- MOL web: http://www.labour.gov.on.ca/english/hs/pubs/gl\_heat.php

<sup>\*\*</sup> Hot weather plans should be in place between May 1 and Sep. 30 of each year. \*\*

## **LOCK-OUT/TAG-OUT**

No.	Instruction	Position Responsible
1	General Safety Requirements	
А	Training/instruction: Ensure all employees have received all required training as required by Braylea Investments Inc.'s H&S Program	Field Supervisor
В	PPE requirements: Ensure all employees have all necessary PPE as required, including individually keyed locks and tags	Field Supervisor
2	Safety Planning / Hazard Assessment	
Α	Identify isolation requirements: The supervisor or a qualified designate (authorized journeyman) must assess the work area to determine what equipment is being worked on, and/or what nearby equipment may pose a hazard and needs to be isolated/locked and tagged out of service.  This includes reviewing drawings of the entire system to be de-energized/de-activated to determine what must be isolated and confirming these requirements with client.  Physical inspection of the system must also be performed: to ensure the isolation points identified are adequate; to verify isolation points; ensure drawings are accurate and; ensure all isolation components are in acceptable condition.	Field Supervisor / Qualified Designate
В	Maintain isolation log/records: A formal isolation log/record must be maintained for all equipment/systems that require multiple isolations (3 or more)  This log must identify the equipment/system being isolated, the date of isolation, the date the isolation was removed, the lock number, the name of the person who performed the isolation, contact information (phone number) and the name of the supervisor.	Field Supervisor / Qualified Designate

3	Lockout / Tag	
	All apparatus capable of being electrically, pneumatically, hydraulically, gravity or otherwise activated must be deenergized or de-activated by physically disconnecting, establishing barriers and otherwise rendering the apparatus inoperable.	
	A lock and tag is used for making certain that the equipment is isolated and cannot be energized by clearly identifying that the system has been isolated for the purpose of protecting personal safety and physically securing the isolation.	
	Switches, power sources, controls, valves, interlocks, pneumatics, hydraulics, computer controlled sources, robotics etc. must be appropriately locked and tagged personally by each worker involved in the operation.	
A.	Lock out: After all isolation points have been identified and the system has been isolated/de-energized by the supervisor (or designate), each worker who may be required to work on the equipment/system must be protected by placing an individually keyed safety lock (as supplied) on the isolation device. The key for the lock must be kept on their person while the lock is in place.	Field Supervisor / Qualified Designate & Employees involved in task
В	Tag: Each worker must attach to the lock a durable tag (provided) containing the information required including: name of the tag owner, date the tag was applied, and the system that has been isolated / work activities.  A tag used to identify the purpose of the lock and must clearly identify that the system is not to be energized/operated or that any guards, locks, temporary ground cables, chains, tags and other safeguards are not to be removed until work is complete	Field Supervisor / Qualified Designate & Employees involved in task
С	Additional lockout / tag requirements:     Grounding: All electrical systems that may be subject to induction must be temporarily grounded using approved grounding components     Depressurizing: All piping, hydraulic and pneumatic systems must be isolated, depressurized and tested before work	Field Supervisor / Qualified Designate

4	Testing / Verifying the Isolation	
	The system must be adequately tested to ensure it has been isolated. This may include physical verification of the isolation.	
А	Testing Operational Systems: Whenever possible all isolation/de-energizations should be performed by first directly observing the operation of the equipment or system to ensure that the isolation is adequate (properly functioning).	Field Supervisor / Qualified Designate & Employees involved in task
В	Testing Non-operational Systems: In many instances, it is not possible to directly observe or verify the isolation based on the operability of the equipment or system (if it is inoperable because of equipment/system failure or prior isolation such as plant shut down. In this case additional measures to physically verify isolation must be taken. This may include disconnecting and physically verifying that all leads are disconnected, testing with a potential indicator, taking additional measures to lock out the system by isolating the primary energy source or establishing secondary barriers.	Field Supervisor / Qualified Designate & Employees involved in task
С	Testing Electrical Systems:  Electrical equipment must be tested with a CSA certified potential test indicator to ensure that all components are deenergized and de-activated, including interlocking or dependent systems that could feed into the system being isolated. Test voltage phase to phase and phase to ground. Test the "start up" to ensure that the equipment is off.  Workers testing electrical systems must:  Remove all watches, rings, neck chains or other conducting jewelry  Wear electric shock resistant footwear  Wear safety glasses with UV protection	Field Supervisor / Qualified Designate & Employees involved in task
5	Authorization to Proceed/ Verification of Completion	
	Prior to the commencement of work the supervisor or qualified designate must verify the isolation points with all workers involved in the task by reviewing the isolation log/record and ensuring all necessary locks/tags have been supplied and/or applied.  Upon completion of the work the supervisor or qualified designate must verify that the isolation has been removed.	Field Supervisor / Qualified Designate

6	Lock / Tag Removal	
A	Removal of locks/tags: After the assigned work is completed and the equipment is to be energized, the supervisor or qualified designate must be notified to receive authorization prior to removal of any locks or other lockout devices from equipment or machinery. The supervisor or designate must verify that the work is complete all isolations have been removed and the equipment is free to safely operate prior to removing the lock and tag.	Field Supervisor / Qualified Designate & Employees involved in task
В	Multiple work groups: Where multiple workers may be working on the equipment or system, the supervisor must make all workers aware in advance when Braylea Investments Inc. will remove its isolation. All work must be stopped while isolation is being removed. Double shifts: Workers leaving the site must remove their locks and the workers coming on shift must immediately replace them with their own locks.	Field Supervisor / Qualified Designate & Employees involved in task
7	Safety Zone	
	Where nearby equipment may pose a hazard however isn't in the immediate work area and cannot be locked out or otherwise de-energized, a "safety zone" must be established. This zone must provide a warning perimeter or physical barrier preventing accidental contact with nearby equipment or utilities.	Field Supervisor / Qualified Designate
8	Safety Inspections	
	On a daily basis, all employees and supervisors must informally verify that the isolation is adequate by checking the locks/tags and testing the isolation. At a minimum, this inspection is performed prior to commencing work each day.  Where isolation is applied Braylea Investments Inc.'s supervision and management is responsible for formally ensuring that all employees are following the applicable isolation safety requirements.	Management / Field Supervisor

# WORKING WITH OR WITHIN CLOSE PROXIMITY TO POWERLINES/ELECTRICAL HAZARDS

### **Purpose**

Key safety steps when working near overhead Power Lines:

### **Application**

- 1. Conduct a hazard assessment before starting work; determine the location of the power line.
- 2. If possible, relocate the work so that it is not near the power line. When this is not practical, a safe work procedure should be followed which includes;
  - A. Determine the safe distance of approach (limit of approach). The limit of approach is not the same for all power lines. It depends on the voltage the line is carrying. The higher the voltage, the further the distance required.
  - B. Hire qualified persons to do jobs near overhead electrical lines, such as tree trimming or have the line de-energized by the local electrical utility or power supply authority.
  - C. Mark the safe distance or limit of approach. If the work is on the ground, use cones or barriers. Using a person as a spotter will work as well. Make room for swing areas for tools, ladders and cranes. Keep far enough away so that if an object such as an antenna were to fall it would not be close enough to contact the power line.
  - D. Be aware of the location of power lines at all times. Moving equipment, raising a load or a vehicle under a power line creates the potential to come into contact with the energized conductor, and thus the potential for fatalities. OHSA requires the use of a signaller when working in proximity to power lines
- 3. Signs are required to warn workers of the dangers of power lines if a work location has overhead power lines running through it.

Stay in the vehicle and radio for help if your vehicle or equipment comes into contact with a power line.

If you see other workers putting themselves at risk by working in close proximity to overhead conductors -- stop them, educate them, and help save a life.

**Remember:** always conduct a hazard assessment before beginning work; be aware of the location of power lines at all times; and take steps to ensure that you and your equipment stay a safe distance from power lines as defined by OHSA below:

Table 2: Minimum safe distances from Power-lines

<u>Voltage</u>	Minimum Distance
Up to 150,000 Volts	3.0 m
More than 150,000 to 250,000 Volts	4.5 m
More than 250,000	6.0 m

### **Procedure**

- Prior to the commencement of work performed workers shall call Toronto Hydro to cover hydro lines when there is high voltage with barriers. Refer to Overhead Power Lines Protection Checklist.
- Once the hydro lines are covered with barriers, they are not to be assumed as insulated and cannot be relied on to provide safety of any kind.
- A 4ft visible air gap is the minimum distance to be maintained for safety from the installed barrier to the equipment used by workers. This distance must be maintained at all times as a minimum.
- A hazard assessment must be conducted before starting work. Workers will be required to perform a visual check of the location of the power line and ensure that the barriers are installed. Workers must ensure that the barriers are installed properly and that they are in position during the duration of the work being performed.
- Workers shall write out a procedure indicating specifics on what work will be performed near power lines.
- If at any time the barriers are displaced, Toronto Hydro must be contacted immediately so that the protection barriers can be restored.
- Workers will perform a safety talk with all workers working around power lines about this procedure.
  - Any changes that are made to this procedure or work performed shall be followed by a safety talk with all workers to inform them of the changes

### **ENVIRONMENTAL POLICY STATEMENT**

### **Objective**

To outline this Braylea Investments Inc.'s commitment to the protection of our environment.

### Scope

This policy outlines the responsibility to the environment of all workers, management and subcontractors that work with Braylea Investments Inc. within Ontario and at all site locations and at head office.

### **Policy**

The environment and the protection of it, has become a large concern over the past few years.

Our company is committed to the protection of the environment through common prevention strategies such as recycling and waste material appropriation.

Chemicals, waste material and other refuse shall be properly stored, used and disposed of by all workers in this company.

Where there is a spill or contamination issue, the worker must advise the supervisor immediately. The spill or contamination shall be contained based on MSDS guidelines and with the use of the appropriate personal protective equipment.

If the spill cannot be contained the company will notify a spill response contractor and when necessary, the Ministry of the Environment.

PRESIDENT

Date

### DRUG AND ALCOHOL POLICY

Braylea Investments Inc. is a drug and alcohol-free workplace. The use of or being under the influence of illegal drugs and/or alcohol is inconsistent with the behavior expected of employees. The use of illegal drugs and alcohol and misuse of prescribed and over the counter drugs subject's employees and visitors to unacceptable safety risks that undermine the Company's ability to operate safely, effectively and efficiently.

The use, possession, distribution or sale of controlled substances such as drugs or alcohol, being under the influence of such controlled substances (drugs and alcohol) or testing positive for alcohol or any drug including, but not limited to, inactive components or metabolites associated with the use of such drugs is strictly prohibited while on duty, while on Braylea Investments Inc.'s premises or work sites or while operating the Company's equipment or vehicles.

Our Company participates in post-offer, random and post-accident drug and alcohol testing. If injured on the job you will be expected to participate in a drug and alcohol test immediately following the injury.

All Employees have the responsibility to report to work capable of performing their tasks productively and safely and remain Fit for Work throughout their workday or shift and when on scheduled call.

Disciplinary Action will be taken to all those found to be unfit for work due to being under the influence of drugs and/or alcohol.

PRESIDENT

Date

### DRUG AND ALCOHOL

### **Purpose and Objectives**

The purpose of the Policy is to communicate to employees Braylea Investment Inc.'s position on Drug and Alcohol use and its effects on the workplace. Braylea Investment Inc is committed to providing and maintaining a safe and healthy work environment. This commitment includes the health and safety of employees, contractors, Company customers and clients, and the community at large.

Braylea Investment Inc. recognizes that the use of Drugs and/or Alcohol can limit an employee's ability to perform in a safe and productive manner in the workplace and can pose a serious threat to the health and safety of him or herself and others. This is especially the case where the majority of employees are operating equipment which, if handled improperly, can lead to serious injuries, if not death.

The objective of the Policy is to ensure that safeguards are in place to promote a safe and healthy work environment and to minimize the risk of impaired performance and injuries or accidents as a result of Drug and/or Alcohol use. In addition, the objective of the Policy is to ensure that any Drug and/or Alcohol testing that is carried out under the Policy is done in a fair and neutral manner with respect for employee privacy and confidentiality.

Braylea Investment Inc strives to work with the Union to actively promote and encourage early diagnosis and treatment of employees who may suffer from a Drug and/or Alcohol disability and assist them towards full rehabilitation. Braylea Investment Inc. respects the importance of employees' rights to privacy and confidentiality. Where an employee suffers from a disability under the Ontario Human Rights Code (the "Code"), Braylea Investment Inc. will make reasonable efforts to accommodate that Employee, in accordance with its obligations at law.

#### Scope

The Policy applies to all employees and all levels of management.

### **Employee Responsibilities**

Employees are required to comply with the Policy and the standards and principles outlined herein. Braylea Investment Inc. reserves the right to discipline employees, up to and including termination, for failure to comply with the Policy.

- A. Use, possession, distribution, cultivation, offering or sale of Drugs and/or Alcohol or illicit Drug and/or Alcohol paraphernalia, on Braylea Investment Inc.'s premises or during the course of Operations, is strictly prohibited.
- B. Employees are required to report to work Fit for Duty. This includes remaining Fit for Duty and in compliance with the Policy while on call.
- C. Employees are required to perform their jobs in a safe and lawful manner and in accordance with the provisions of the Policy, the Collective Agreement, and any and all other policies, procedures, or relevant legislation applicable to Employees.

### BRAYLEA

## INVESTMENTS INC.

- D. Employees who suspect they have a Drug and/or Alcohol dependency or emerging issue related to Drugs and/or Alcohol are encouraged to seek medical and/or professional advice and follow recommended treatment promptly before job performance is affected or violations of the Policy occur. Employees are encouraged to consult their supervisors, human resource staff, in the event they have concerns about their own Drug and/or Alcohol use.
- E. Employees are expected to responsibly use prescribed and over-the-counter medications. Where the use of a prescribed or over-the-counter medication could inhibit an individual's ability to carry out the duties of his or her position safely, employees must advise management immediately. In such circumstances management, will endeavor to accommodate employees accordingly.
- F. Braylea Investment Inc. is committed to working with the Union and employees to ensure early diagnosis, treatment and rehabilitation in cases of Drug and/or Alcohol related disabilities. Employees are expected to adhere to work related limitations that may be imposed to appropriately accommodate him or her and to ensure the safety, health and welfare of the individual as well as other employees and the work environment.
- G. Where there are grounds to believe that an employee may not be Fit for Duty, while on Braylea Investment Inc.'s Premises or during the course of Operations, management may remove the individual from their duties. The employee will be given an opportunity to explain why they appear unfit for work in a private and safe area. Depending on the circumstances, an employee may be subject to discipline, up to and including termination, if there is a breach of the Policy.
- H. Where one employee suspects that a co-worker may not be Fit for Duty, he or she must report such suspicions to his or her supervisor or a member of management immediately.

### **Management Responsibilities**

- A. Management is responsible for administering the Policy consistently, and for resolving questions of interpretation in areas where the Policy may be ambiguous or silent, with due regard for the fair treatment of employees. Management will update the Policy where necessary to respond to the evolving needs of Braylea Investment Inc. and developments in the law.
- B. Management will provide training in an effort that all supervisors and human resources staff are trained to recognize signs of Drug and/or Alcohol abuse or misuse and identification of situations where an employee may not be Fit for Duty.
- C. Management is required to ensure the confidentiality and privacy of all employees is respected in accordance with Braylea Investment Inc.'s obligations at law.
- D. Management will ensure that all Employees who suffer from a Drug and/or Alcohol related disability are appropriately accommodated, consistent with Braylea Investment Inc.'s obligations at law.
- E. No employee with a Drug and/or Alcohol related disability will be disciplined or terminated solely for requesting help in overcoming their disability.

### **Alcohol & Drug Testing**

Braylea Investment Inc. believes that the best prospect for long term success is a mutually responsible approach towards Drug and Alcohol testing involving the Union, employees and Braylea Investment Inc. Braylea Investment Inc. may require, at its discretion, that employees occupying or performing Safety Sensitive Positions undergo Drug and/or Alcohol testing, with the employee's consent, to assess whether the individual was impaired or under the influence of Drugs and/or Alcohol in the following circumstances.

- (i) Where there is reasonable cause to believe that the employee is under the influence or impaired by Drugs and/or Alcohol on Braylea Investment Inc.'s Premises or during the course of Operations. Testing for reasonable cause shall occur no more than four hours from the time the decision was made to test.
- (ii) Where an incident/accident or near miss has occurred and there is reasonable cause to suspect that an employee's Alcohol and/or Drug use may have been a contributing factor in the incident by reason of the occurrence itself, observations and surrounding circumstances. Testing following an incident or near miss shall be conducted as soon as possible from the time the incident took place.
- (iii) As part of a return-to-work program or last chance agreement negotiated with the Union and employee as a result of an Employee having been found to be under the influence or impaired by Drugs and/or Alcohol or who suffers from a Drug and/or Alcohol disability. This may include random Alcohol testing. This may also include random Alcohol and/or Drug testing where an employee suffers from a Drug and/or Alcohol related disability. This provision does not place any obligation on Braylea Investment Inc. to enter into such an agreement.

Employees may also be required to submit to additional Drug and/or Alcohol testing over and above what is provided for in the Policy as part of a contractual condition with certain customers or clients. This testing will be considered voluntary. Employees who refuse testing will not be allowed to work for that customer or client.

Drug and/or Alcohol Testing will be undertaken with stringent controls to ensure accuracy and employee privacy and confidentiality is respected. Where necessary, test results will be discussed with the employee and an investigation will take place to confirm the employee's impairment. In order to ensure accuracy and safeguard employee privacy and confidentiality, Braylea Investment Inc. will retain the services of a qualified and experienced third party to be engaged throughout the testing process.

Where any employee refuses to undergo Drug/and or Alcohol testing, as requested in circumstances (i) through (iii), Braylea Investment Inc. may take such refusal into

consideration in determining the appropriate course of action with respect to such Employee, which could include discipline, discharge or other measures.

#### **Work Rules**

An employee is strictly prohibited:

- While on Braylea Investment Inc.'s property or at a Braylea Investment Inc worksite, to use, consume, possess, distribute, sell or transfer:
  - Alcohol (unless contained in sealed (unopened) packaging, and secured in vehicle for transfer to home or official Braylea Investment Inc. sanctioned event), or
  - Drugs other than those permitted by this policy as described below, or
  - Drug paraphernalia, or
  - Any product or device that could tamper with any sample for an alcohol or drug test;
- From reporting to work or performing work:
  - With an alcohol level equal to or in excess of 0.04 grams per 210 litres of breath,
  - With a drug level equal to or in excess of the concentrations for the drugs set out in the table below, or
  - While the employee's ability to safely perform his or her duties is adversely affected because of the use of a prescription or non-prescription drug;

Drug Concentrations in Urine				
Drug or class of drugs	Screening concentration equal to or in excess of ng/ml*	Confirmation concentration equal to or in excess of ng/ml*		
Marijuana metabolites	50	15		
Cocaine metabolites	300	150		
Opiate metabolites	2,000	2,000		
Phencyclidine	25	25		
Amphetamines	1,000	500		

Table 1 - \*ng/ml - Nanograms per millilitre

### From refusing to:

- Comply with a request to confirm he or she is in compliance with this
  policy when a supervisor or manager has reasonable grounds to believe
  the employee may not be in compliance, or
- Comply with a request to submit to an alcohol or drug test:

- When a supervisor or manager has reasonable grounds to believe the employee may not be in compliance with the policy and the employee cannot confirm compliance without a test;
- Following an incident or near miss if a supervisor or manager present at the workplace has reasonable grounds to believe that the employee was involved in the incident or near miss and there is no objective evidence to believe that the use of alcohol or drugs did not contribute to the cause of the incident or near miss;
- When applying for or transferring into a safety-sensitive position;
- As periodically required by Braylea Investment Inc. throughout the time the employee is working in a safety-sensitive position; and
- When the employee has previously tested positive and is returning to work after an assessment by a substance abuse expert;
- · From tampering with a sample for an alcohol or drug test; and
- From operating or driving any Braylea Investment Inc. or personal vehicle or chauffeuring any customer, guest or employee while under the influence of alcohol, drugs or any controlled substance that would inhibit impaired driving conditions.

This work rule permits the possession or use of prescription and non-prescription drugs under the following conditions:

- Any prescription drug in the employee's possession or used by the employee is prescribed to the employee, and
- The employee is using the prescription or non-prescription drug for its intended purpose and in the manner directed by the employee's physician or pharmacist or the manufacturer of the drug, and
- The use of the prescription or non-prescription drug does not adversely affect the employee's ability to safely perform his or her duties, and
- The employee has notified his or her supervisor or manager before starting work of any potentially unsafe side effects associated with the use of the prescription or non-prescription drug. No information collected about an employee under this policy will be disclosed to any person, unless the employee has given consent or the supervisor or manager in possession of the information is legally required to disclose it.

## **NEW EMPLOYEE FORM**

Employee Name:				
Position:				
PART 1 - ADMINISTRA	ATIVE SECTION			
<ul> <li>□ Safety Training Certificates</li> <li>□ Standards of Conduct</li> <li>□ Job Description (includes Hours Worked)</li> <li>□ Company Policies and Benefits</li> </ul>	<b>)</b>			
PART 2 - WORK SITE S	AFETY SECTION			
<ul> <li>□ Review of Required Safety Training</li> <li>□ Personal Protective Equipment</li> <li>□ Injury/Incident Hazard Reporting Procedures</li> <li>□ JHSC</li> <li>□ Fire Extinguisher Locations</li> <li>□ First Aid Location</li> <li>□ Return to Work Program</li> <li>□ Safety Manual Location</li> </ul>				
This certifies that I have received Braylea Investments I Investments Inc.'s Health and Safety rules and proced result in disciplinary action or discharge from employment	lures, and understand that failure to do so may			
Employee Signature:	Manager Signature:			
Employee Start Date:	Date of Orientation:			
Attachments: Copies of Safety Training Cer	rtificates			
New Workers Comments/Evaluation:				

# Worker Acknowledgement of Safety Policy

Health and Safety and Braylea Inve any other worker	y Policy. I further ag stment Inc.'s Health s which I supervise oide by all applicable	, have received, reviewed and understand this ree that I will act in full compliance with this Policy and Safety program. I also agree to ensure that or engage to perform will receive a copy of this provisions of the Occupational Health and Safety
Dated this	day of	, 20
(Employee Signa	ture)	
Braylea Investmen Inc.		
Health and Safety and the Braylea that any other wo	y Policy. I further ag Investment Inc.'s He rkers which I superv oide by all applicable	, have received, reviewed and understand this ree that I will act in full compliance with this Policy ealth and Safety program. I also agree to ensure ise or engage to perform will receive a copy of this e provisions of the Occupational Health and Safety
Dated this	day of	, 20
(Employee Signa	ture)	

# **Appendix A: Discipline Notification**

First Warning	t Warning   Second Warning		□ <b>T</b>	hird Warning				
Copies to: Employee, Contractor and Employer								
Name:								
Location:								
Date of offence:	YYYY/MM/DD	Time of of	ffence:	AM	/ PM			
Area of Occurrence	ce:							
	advised verbally and slow, and was instruc							
	,				<u> </u>			
Braylea Investments Inc.:								
	Please F	<sup>2</sup> rint	Signature	e Date				
Employee:				YYYY/	MM/DD			
	Please F	Print	Signature	e Date				

**Note:** Failure of the worker to act safely will lead to further discipline up to and including removal from the workplace.

# **Appendix B: Incident Report**

THE OF INCIDENT					SEKIOUSNESS OF INCIDENT			
CIDENT LOCATION: CUPATIONAL ILLNESS COMPANY COMPANY COMPANY COMPANY CUPATIONAL INJURY/ILLNESS COMPANY COMPANY CUPATIONAL INJURY/ILLNESS COMPANY COMPAN		□ CHEMICAL □ FIRE/EXPL( □ NEAR MISS □ SUBSTAND PRACTICE/C( □ OTHER (SE	OSIO S DARD ONDI	TION	□ MAJOR □ SERIOUS □ MINOR			
INCIDENT DATE:		TIME:						
INCIDENT LOCATION:		JOB #						
OCCUPATIONAL INJURY/ILLN	ESS		PRO ETC		AGE-FIRE/EXPLOSION-VEHICLE-ENVR.,			
NAME OF INJURED PERS	ON:		PRO	OPERTY LOST OF	R DAMAGED:			
AGE:	□ MA	ALE 🗆						
TRADE:	LIVIALL		NAT	TURE OF LOSS C	R DAMAGE:			
OCCUPATION:								
NAUURE OF INJURY/ILLN	IESS:		ОВ	JECT/EQUIPMEN	T SUBSTANCE INVOLVED:			
PART OF BODY AFFECTE (EXPLAIN):	DE & TYPE	OF CONTACT		RSON IN CONTRO CURRENCE:	OL OF ACTIVITY AT TIME OF			
TYPE OF WORK BEING C INCIDENT:	ARRIED OU	T AT TIME OF	ОВ	JECT/EQUIPMEN	T/SUBSTANCE INVOLVED:			
DESCRIBE CLEAR	Y WHAT HAF	PPENED AT EX	TENT	OF INJURIES AN	ND/OR PROPERTY DAMAGE:			
WITNESS NAME:			PHO	DNE:	DATE:			
SUPERVISOR/FOREMAN	CIDENT DATE:  CIDENT LOCATION:  CUPATIONAL INJURY/ILLNESS  ME OF INJURED PERSON:  E:  SEX  MALE  FEMALE  ADE:  CUPATION:  UURE OF INJURY/ILLNESS:  RT OF BODY AFFECTEDE & TYPE OF (PLAIN):  PE OF WORK BEING CARRIED OUT ACIDENT:  DESCRIBE CLEARY WHAT HAPPE  TNESS NAME:  PERVISOR/FOREMAN ON SITE  ME:							
NAME:				PHONE:				
SIGNATURE				DATE:				

# **Appendix C: Toolbox Talk**

Toolbox Talk	Time:	Date:
Location:		
Topics:		
Attendance:		
Name	Signature	Company
1.		
2.     3.		
3.		
4.		
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30.		

# **Appendix D: Drug and Alcohol Sign-Off Sheet**

By signing this, I	_ confirm that I have read
Braylea Investments Inc's. Alcohol and Drug Policy and	Procedures manual. I also
attest that I have read them completely and thoroughly, un	derstand them to the fullest
extent, and agree to abide by the guidelines they establish.	If at any time, I am unclear
about a policy or have a question, I will consult my supervisor	or/manager.

# Appendix E: Health & Safety Orientation

		BRAYLEA INVESTMENTS INC	
		ALTH AND SAFETY ORIENTATION	
#	ITEM	COMMENT	Initial
1	Site Hours of Operation:- Monday to Friday: 7am to 5pm Saturday: 9am to 2pm	No person shall be on this site after the posted "Hours of Operation" without a written authority &/or Competent Supervisor.	
1.1		Mandatory Sign-in by workers daily from all Contractors	
1.2	Commitment to Health & Safety	Working Safely and in compliance with all applicable legislation, and company safety policies and procedures is required. Violators may be permanently removed from the Project.	
2	Job Description / Site specific Hazards / Safe Working methods	Each Contractor shall provided the following	
2.1	Working Safe	Unsafe acts/conditions shall be reported, immediately	
3	Personal Protective Equipment	M. I. C. I.C.	
3.1	Head & Foot Protection .	Mandatory at all times	
3.2	The following PPE is when required as per Manufacturer's instructions		
3.2a	~ Eye Protection	When operating cutting, drilling & impacting equipment	
3.2.b	~ Ear Protection	Whenever hazards exist, protection to be worn	
3.2c	~ Skin Protection	Wear appropriate for the weather conditions, or type of work eg. Welding	
3.2d	~ Fall protection	Shall be worn whenever a worker is exposed to a fall of a distance of 3 metres (10 feet) or more	
3.2e	~ Traffic Protection	Safety vests shall be worn around vehicles &/or lifting devices, directing traffic and/or when applicable	
3.2f	~ Respiratory Protection	Whenever hazards exist, protection to be worn	
4	Smoking/Alcohol	Absolutely no Smoking or Alcohol shall be used in the workplace. any person found to be under the influence of or in the possession of either drugs or alcohol will be asked to the workplace immediately.	
4.1		Smoking strictly Prohibited on site and on Hospital property. Designated smoking area will be assigned.	
4.2	Food or Drink	No food or drink (other than water) permitted on Patient floor (infection control).	
5	Site Office/Trailer	Location of First Aid Kit, Stretcher, Eye wash, Telephone, Fire Extinguisher (Note; will be located throughout workplace), Health & Safety Documents Records of attendance of all workers on Sign-in Sheet shall be conducted daily. Emergency Telephone numbers. Access/Egress Emergency Plan.	
6	Accidents / Incidents / Hazard Reporting	Report all accident / incidents / hazards / near miss / damage to equipment or vehicle must be reported immediately to supervisor.	
7	Emergency Procedure	In the event of any emergency, workers shall notify supervisor immediately. Evacuate closest exit, and meet at designated area for a worker head count	
7.1		The Emergency evacuation signal is the hospital alarm. When workers hear "code green" they must immediately evacuate and report to their assigned assembly area.	
8	Personal Conduct	All workers while working will be fit to work and conduct themselves in a safe and professional manner at all times.	

8.1	Zero Tolerance Policy	There will be ZERO TOLERANCE for any of the following incidents, which	
		will result in immediate dismissal from the workplace: Consumption of	
		Alcohol and/or Drugs, fighting, horseplay, uttering threats. Workplace	
		Violence & Harassment	
9	Rights	All workers have the right to Know any potential hazards in the workplace,	
		right to Refuse unsafe work, and right to Participate part of the process of	
		identifying and resolving workplace concerns.	
10	Housekeeping	Clean up shall be attended to by ALL workers. This is everybody's	
		responsibility. Clean-up shall be maintained in work area's and all routes	
		of access/egress are kept clear at all times.	
		Do not prop open stairwell doors- close those you see open.	
11	Machinery/Equipment/Tools	All Equipment/Tools shall be operated as per Manufactures operating	
		procedures, maintained and inspected daily.	
11.1	Machine Operators	Only certified workers shall operate Machinery/Equipment/Tools	
12	Guardrails	Guardrails may not be removed without a Temporary Guardrail Removal	
		Permit.	
12.1	Crane	Crane shall have a designated pick-up area	
13	Leg Extensions	No worker on site shall use, operate or work with Leg Extensions (Stilts).	
14	Ladders/ Extension Cords	All ladder's (extension or step)/ Extension Cords shall be in good	
		condition, maintained and installed properly.	
15	Fire Extinguishers	All workers require fire extinguishers when performing HOT Work Permit	
	_	(Welding).	
15.1		Any work which may cause a spark or fire, workers shall have a fire	
		extinguisher near by, and trained in its use.	
15.2		Any trade that works with and/or handles gas cylinders or salamanders,	
		must have with them at least one fire extinguisher. Failure to work with a	
		Fire Extinguisher when required will result in discontinued work on site	
16	Safety Barrier or Devices	No safety barrier or device, for example guardrail system, temporary stairs,	
		and/or ramps shall be removed. If removed, they shall be reinstalled as	
		soon as possible.	
16.1		All Workers must obey signage and barriers.signage and barriers must not	
		be removed without site superintendent permission	
16.2		All Workers must obey instructions given by signalers and traffic control	
		personnel.	
17	Overhead Powerline	Only certified workers shall work in close proximity of Overhead Power	
		lines	
17.1		Procedures shall be in place prior to commencing work	
18	Safety Meetings	Attendance required at safety meetings.	
19	Disciplinary Actions "Zero	Safety violation will be issued to any employee, worker and/or visitor who	
	Tolerance"	fails to follow the workplace health & safety requirements.	
19.1	Training	WHMIS(Workplace Hazardous Material Information System) Training	
19.2		Working at Heights Training .	
19.3		Forklift/Crane Training.	
19. 4		Supervisor Training.	
20	Working Safe:	Unsafe acts/conditions.	
I ackn	owledge reviewing the above safet	y procedure.	
	Name:	Safety Manager/Supervisor:	
	ture:	Print Name:	
Date:		Signature:	
		Date:	

# **Appendix F: Inspection Checklist**

DDAVICA			Date	Date:								
BRAYLEA			Site	Name:								
INVESTMENTS INC				Supervisor Name:								
				<u> </u>								
			Lot:_	ection conducted by:								
WORKEL AGE INODESTICAL			II ISPE	ection conducted by			-					
WORKPLACE INSPECTION												
Observations:												
Workplace Access	Yes	No	N/A	Housekeeping	Yes	No	N/A					
Clean, level ground				Clear walkways								
Ramps, properly built & secured				Clear work areas								
Stairs, without defects & with handrails				Clear access & landing								
Parking												
				Fall Arrest Systems	Yes	No	N/A					
Personal Protective Equipment	Yes	No	N/A	Inspected Prior To Use								
Hard Hats				CSA approved equipment								
Foot protection				Proof of Training								
Eye protection				Full Body Harness								
Hearing protection				Rope Grab								
Respiratory protection				Lifeline								
Clothing				Landyard								
Gloves				Properly worn, safe conditions								
				Adequate Anchor Points								
Guardrails	Yes	No	N/A									
Located at all Floor Openings				Signage	Yes	No	N/A					
Identified with signage (as per Standard)				Identify Lot								
Properly built & secured (as per Standard)			l l	Danger due to								
Monitored & Maintained Daily				Danger due to Work Overhead								
Extension Cords	Yes	No	N/A	Ladders	Yes	No	N/A					
General condition of casing, ends				Secured	-	_	-					
and connections	-			Proper angle (extension)	-	_	-					
				Proper size & type	-	_						
Scaffolds	Yes	No	N/A	Safe usable condition								
Properly erected (all parts)				Properly used								
Properly secured				Proper hand rails & landings								
Properly planked				Non-slip bases	-		_					
Proper guardrails, toe boards	_											
Proper access platform	_			Construction Trailer	Yes	No	N/A					
Acceptable loading				Signage:								
Compressed Gas Cylinders	Voc	No	NI/A	- Construction Office - Site Logo	-							
	Yes	NO	N/A	· ·	-	_	-					
As per Standard	-			- Caution Construction Site	-	_	-					
Properly transported	-	-		- Hours of Operation	-	_	-					
Properly located	-	-		- Hard Hats & safety Boots Must Be Worn	-	_	-					
Properly secured	-			Construction Entrance	-	_						
Monitored and maintained daily (ventaltion)	-			Trades Entrance Employees Entrance	-							
							1					

Observations:							
Handrails	Yes	No	N/A	Material Handling	Yes	No	N/A
Required on all stairs				All materials stacked neatly			
Properly built & secured (as per Standard)				Materials kept 4' from any excav.			
Monitored & Maintained Daily				Bricks stacked only 2 cubes high			
Signage, Poster, Memos or Alerts	Yes	No	N/A	Power Tools & Equipment	Yes	No	N/A
Head Office				General conditions			
MOL				Proper guards, cords, PPE			
CSAO							
Onfoto Broad				Safety Documentation	Yes	No	N/A
Safety Board	Yes	No	N/A	Kept in one separate tidy area & visible			-
Notice of Project per phase				Site Safety Manual			-
Site Map (as per Standard)				Colour Coded H. & S. folders from H.O.			-
Emergency Procedures				OHSA (green book)			-
Directions to nearest hospital				Construction H.& S. Manual (red book)			-
WSIB Form 82 (1234 Accident Reporting)				Copies of cert. of Mattamy Staff training:			_
WSIB Form 1101 (First Aid Requirements)				Cert. Member, WHMIS, Fall Arrest, etc.			
Copy of Ministry of Labour (MOL) orders				JHSC minutes			
List of Members of JHSC				MSDS			
Name of qualified administer of First Aid				Site Safety Orientations			
Signage referring to location of Manuals etc.				Copies of cert. of Trades training:			
				Cert. Member, WHMIS, Fall Arrest, etc.			
Sign In Log	Yes	No	N/A	Maintenance Log (equipment etc.)			
Visable & Centrally Located for							
Trades				Safety Equipment	Yes	No	N/A
Suppliers / Deliveries				Sign-Out Log for:			_
Visitors				Caution Tape (yellow)			_
<b>=</b>				Fire Extinguishers (4A40BC)			_
First Aid Kit	Yes	No	N/A	Goggles			-
Visable & Centrally Located				Ear Plugs			-
Kit to consist as per WSIB 1101 & Standard				Dust Masks			_
Posted name of First Aid administer				Signage			
Hygiene	Yes	No	N/A	Compounds	Yes	No	N/A
Available to all Workers in the trailer:				Fully Fenced with Gates & Padlock			
Potable Water				Signage:			
At least 1 washbasin with Hot & Cold water				- "NO SMOKING, turn off Ignition"			
Stocked toilet paper				- "NO TRESPASSING"			
At least 1 toilet				- "Authorized Personnel ONLY"			
Stocked with soap or hand cleaner				Equipment (as per Standard)			
Paper towel & a waste disposal receptacle				Fuel Tanks (as per Standard)			
Facility Cleaned & Sanitized at least daily							
Available to all Workers on site:							
				Date			
Senior Management							

## **Appendix G: Workplace Inspection Recording Form**

### **BRAYLEA INVESTMENTS INC.**

Inspection Location(s):	Time of Inspection:
. ,	•
Department/Area:	Date of Inspection:

								FOR FOLL	.OW UP	
Item (and Hazard Iocation of Observed	Hazard			Recommended	Ву		Action	Complete	Authorized Signature	
item)	Observed	Class	Yes	No	Action	Whom	When	Taken	Complete	Signature

### **Hazard Classification**

Class A: A condition or practice likely to cause permanent disability or loss of life or body part, and/or extensive loss of structure, equipment

or material.

Class B: A condition or practice likely to cause serious injury or illness (resulting in temporary disability) or property damage that is

disruptive, but less severe than Class "A".

Class C: A condition or practice likely to cause minor (non-disabling) injury or illness or non-disruptive property damage.

EOD EOLI OW LID